

Fort Sam Houston

# News Leader®



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Fort Sam Houston — Home of Army Medicine

May 6, 2004

### **Briefs**

#### Military Spouse Day, tomorrow

Military Spouse Day is tomorrow. Unit representatives are asked to visit the Roadrunner Community Center front desk and pick up Certificates of Appreciation for their Soldiers' spouses.

#### Construction at Wilson Cunningham Gate, May 10 - 12

Construction at the Wilson Cunningham gate from 9 a.m. Monday, May 10 through 4 p.m. Wednesday, May 12 may delay traffic entering and exiting Fort Sam Houston. During the construction, the gate will operate with one lane entering and exiting.

## Post Garage Sale moves to May 22

The Post Garage Sale has been rescheduled to Saturday, May 22, from 7 a.m. to 1 p.m. at MacArthur Pavilion parking lot, located on the corner of Harry Wurzbach and Stanley Roads. Non-DoD patrons are advised to use the Walters Gate.

## BAMC NCO Induction Ceremony May 26

Brooke Army Medical Center will induct new non-commissioned officers May 26 in the BAMC Auditorium at 3 p.m.



Photo by Phil Reidinger

Members of the Rudder family join the 90th Regional Support Command to officially unveil the designation of the new training center on Harry Wurzbach Road in honor of former commander Maj. Gen. James Rudder. The facility constructed at a cost of \$15 million will support training of six large 90th Regional Readiness Command units. See more photos on page 18.

## 90th dedicates new building in honor of Normandy hero

By Phil Reidinger Fort Sam Houston Public Affairs

On Sunday, the military and civic communities joined members of the 90th Regional Support Command and the San Antonio based 90th Regional Readiness Command to dedicate a new training center in honor of the late Maj. Gen. James E. Rudder.

The new building, constructed at a cost of \$15 million, will support training by the 5501st Army Hospital, the 7210th Medical Support Unit, the 628th Combat Support

Hospital, the 217th Transportation Company, the 340th Quartermaster Company, and the 328th Personnel Service Battalion.

Rudder family members attending the dedication ceremony included daughter Anne Rudder Erdman and sons James and Ed. Dedication ceremony host, Maj. Gen. James R. Sholar, 90th Regional Support Command, noted the construction of the new facility demonstrated a commitment to quality training of Army Reserve units. He said that although the command is located in Little Rock, Ark., more than 10 thousand

of its 17 thousand members are assigned to Texas units. Sholar reminded the audience San Antonio is the home of the 90th Division, organized here during World War I.

Sholar explained that Rudder commanded the 90th Division prior to his retirement. He graduated from Texas A&M University in 1932, was a member of the Corps of Cadets, and spent his early career as a teacher and coach. Called to active service during World War II, Rudder first served with the 2nd Infantry Division at Fort Sam Houston and later became a battalion executive officer with the 83rd Infantry Division.

In 1943, Rudder organized the 2nd Ranger Battalion. Given the mission by General Omar Bradley to destroy enemy defenses of two sections of the Normandy beachhead, the battalion landed at Point de Hoc and scaled its 100-foot cliff. The Rangers completed their mission, suffering more than 50 percent casualties. Rudder, who led the assault, was wounded twice. Six months later, he led the 109th Infantry during the Battle of the Bulge.

Following his retirement, Rudder served 10 years as the president of Texas A&M University.

# DS3 provides advocacy for disabled Soldiers, families

By Joe Burlas Army News Service

Severely disabled Soldiers and their family members have a new way to find answers to service-related questions — the Disabled Soldier Support System, or DS3 as program officials call it.

Acting Secretary of the Army Les Brownlee and Veterans Affairs Secretary Anthoni J. Principi joined other Army senior leaders in announcing the initiative at a Pentagon media round table April 30.

DS3 is a single information source where severely disabled Soldiers or their family members can go for assistance in getting entitlement or services questions answered. That contact can be via the Army Information Hotline, 1-800-833-6622.

The intent of the program is to provide an additional safety net for severely disabled Soldiers that may have slipped through the cracks in the past after being medically retired, according to Brownlee.

"They have performed enormous service to the nation," Brownlee said. "With that said, their lives go on, but those lives are significantly changed. They may have lost an arm, leg or eye, but they have not lost their courage."

See DS3 on Page 4

## **Army announces ARBA online**

The Army Review Boards Agency this week initiated accepting online applications for the Board for Correction of Military Records and for the Discharge Review Board. ARBA implemented this state-of-the-art electronic online application process to expedite applicants' requests for changes to their military records and to comply with the Government Paperwork Elimination Act.

The web-based application allows the Boards' customers to securely apply via an electronic DD Form 149, Application for Correction of Military Records, and DD Form 293, Application for Review of Discharge or Dismissal from the Armed Forces of the United States. Customers can check the status of their requests using the Internet. Access the Web site at http://actsonline.army.mil/. The program guides the customer through the application process and provides additional help that is unavailable on

the printed form. The data entered goes directly into ARBA's tracking system and analysts begin gathering case information.

Due to current legal mandates, a signature is required to complete the application process. The signature page must be printed at the time of application, signed and mailed to the address listed on the signature page. If the signature page is not received by ARBA within 30 days, the submitted application will be deactivated.

For those individuals who are either unable to use the web-based application or prefer a hard-copy document, paper DD Forms 149 and 293 remain available and will be processed in the current manner.

The Army Review Boards Agency's online application process is another innovative tool to serve the Soldier and veteran in an efficient, courteous and timely manner.



Daniel F. Perugini Brig. Gen., U.S. Army

# Commander's message for Safety Day, May 26

This year's Safety Day ceremony will be held on May 26, at the Roadrunner Community Center, Bldg. 2797 on Stanley Road, from 10 to 11 a.m. As leaders in promoting safety, I encourage all commanders, directors, and Collateral Duty Safety Officers to attend. All Army Medical Department Center and School and Fort Sam Houston and tenant organization Soldiers and civilians are welcomed to attend and receive information from 10 a.m. to 3 p.m. There will be information booths and a drunk-driving simulation will be conducted in the parking lot across from Bldg. 2797.

Your support of the safety program is instrumental in promoting and utilizing risk management principles to protect our valuable resources, personnel, equipment, and facilities. This is an opportunity to instill in personnel the importance of adhering to the total risk management process. This includes emphasis and training involved with recognizing the signs and symptoms of heat stress, as temperatures rise during the months of May through October. With the onset of summer, we must also educate personnel on accident prevention measures to be used during summer activities, such as swimming, boating, and traveling. Privately owned vehicles continue to be a leading cause of accidental deaths of Soldiers. POV safety can save lives and is a lesson worth repeating.

As leaders, you must set the example on and offduty. Require your personnel to do the right thing all the time and strive to continually improve your own safety processes.

#### Fort Sam Houston News Leader

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Army Medical Department Center and School and Fort Sam Houston Commander Brig. Gen. Daniel F. Perugini

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## **CCATs** help warriors return home safely

By 1st Lt. Mike Chillstrom 59th Medical Wing Public Affairs

At an hour when most people are fast asleep, 59th Medical Wing medics were wide-awake anticipating the return of 14 warriors injured in Iraq.

Standing sentinel, a row of fourteen ambulances lined the San Antonio International Airport flightline awaiting their arrival April 29.

Medical personnel watch as a C-141 rumbled into soggy San Antonio in the wee hours of the morning carrying 14 patients nearly one day after leaving Landstuhl Regional Medical Center in Germany.

The mission began with 43 Operation Iraqi Freedom patients, stopping along the way at Andrews Air Force Base, Md. to offload 29 patients, before continuing on to San Antonio.

Fighting the wind and rain, two Critical Care Air Transport Teams, some observers and a handful of 59th MDW Aeromedical Staging Facility members move patients from the C-141 into the waiting ambulances.

All the patients were driven to Brooke Army Medical Center,

where they will receive care for burn and shrapnel injuries.

The CCAT team medics accompanied four extremely ill patients in the ambulance ride to BAMC.

"CCAT teams were required because four patients needed critical care ground transport. Our job is to treat patients who need to be continuously monitored," said. Capt. Julia Kiss, CCATT program coordinator and critical care nurse.

The 59th MDW teams were able to jump in and take over for the CCAT team from Germany, ensuring that the critically ill patients had continuous CCATT care.

A CCAT team is comprised of a critical care physician, critical care nurse and respiratory therapist who are able to provide in-transit care for the most severely ill patients. A CCAT team essentially forms a mobile intensive care unit anywhere it goes.

The entire mission lasted less than two hours, concluding with the safe arrival of the patients at BAMC.

Despite the rotten weather and late hour, team members were well prepared to facilitate



Photo by Sue Campbell

Capt. Edwin Maldonado, critical care nurse with the 759th Surgical Operations Squadron (center), helps to transport a critically ill Soldier from an Air Force C-141 onto an ambulance. Maldonado, a CCATT member, was one of a group of medical personnel from Wilford Hall and Brooke Army Medical Center who ensured each patient was moved safely from the San Antonio International Airport to BAMC April 28.

the return of the 14 men and women coming home from the war.

"My feeling was that every-

thing went real smooth," Kiss said. "Everyone pitched in to get the job done."

Wilford Hall has deployed

numerous CCAT teams in support of the Global War on Terrorism and other contingencies worldwide.



## Army Reserve Intelligence Battalion welcomes new CSM

Story and photos by Phil Reidinger Fort Sam Houston Public Affairs

Sgt. Maj. Stephanie Menefee assumed responsibility as the command sergeant major of the 6th Battalion, 3rd Brigade, 95th Division (IT) during a ceremony at the Camp Bullis Theater on Saturday.

During the ceremony Menefee said she was excited by the challenge of assuming the responsibility as the senior enlisted advisor of the military intelligence unit. She challenged the Soldiers and NCOs to aspire to the top of their career potential and do their jobs to the best of their ability. "Let's make this unit the best in the Army together," she said.

Menefee's family also assisted in the ceremony that included pinning the new designation of command sergeant major. Battalion Commander, Lt. Col. James Grisson, welcomed Menefee, who transferred from 13th Battalion (National Health Service), 95th Division (IT) as the unit chief instructor. Menefee has served with the 5501st Hospital and the 3457th Army Reserve Medical Center in addition to deploying with Joint Task Force Cabanas to El Salvador.



(Top) Lt. Col. James Grisson welcomes Command Sgt. Maj. Stephanie Menefee to the 6th Battalion, 3rd Brigade, 95th Div (IT) during the unit change of responsibility ceremony held at the Camp Bullis Theater, May 1.

(Left) Family members Kevin Menefee and children Zabrina, Cortez, Maurice and Elizabeth assisted Battalion Commander Lt. Col. James Grisson pin the new command sergeant major rank insignia on Menefee's uniform.

## **BAMC** Auxiliary just keeps on giving

Story and photo by Jen Rodriguez BAMC Public Affairs

From a foosball table used in occupational therapy to monetary donations given to scouting groups, the volunteers of Brooke Army Medical Center Auxiliary gave more than \$31,200 worth of donations and equipment April 10 to the BAMC, Wilford Hall and Fort Sam Houston communities.

The BAMC Auxiliary, during its annual donation drive that began in summer 2003, presented 46 departments and community organizations equipment and donations to assist in their everyday operations. "We had a wonderful time shopping for the items," BAMC Auxiliary Community President Nicki Henderson said. It was a great year."

Each year, departments and organizations submit a wish list to the BAMC Auxiliary for items that will help with patient care and to enhance the quality of life and community care.

The BAMC Occupational Therapy Clinic received a foosball table to be used as therapeutic activity for patients with upper extremity injuries.

"The occupational therapy clinic greatly appreciates the gift received," Sgt. 1st Class Kathie Rasmussen, NCOIC of physical medicine and rehabilitation, said. "Our patients don't realize the gains in range of motion they make while performing an activity like foosball."

Mammography Supervisor Shelley Wiggins's wish list included spray cans of deodorants for patients' use after their appointments, individually wrapped crackers and two CD-players with relaxing music.

"Women are told not to wear deodorant prior to a mammogram." Wiggins said. "The crackers are for patients waiting for ultrasounds or waiting to speak with the radiologist. The CD players and music will be use in the biopsy rooms to help ease the tension during invasive procedures. These items all make such a difference to our patients."

The success of the group's ability to support various organizations comes from a three-strand cord, according to Jan Fox, wife of BAMC commander, Brig. Gen. C. William Fox, Jr. She cited that the bind of a rope is stronger with three strands.

The three strands include civilians, who are the backbone of the community; active-duty Soldiers, who provide excellent patient care and the third strand belongs to the three volunteer groups including BAMC Auxiliary, BAMC Retirees Activities Group and the American Red Cross. Together each strand helps to create a stronger bind.

"The quality of life is for the patient, every time," Fox said. "We have an excellent volunteer team here at BAMC and in the San Antonio community."

Kim Taylor, head of the auxiliary's welfare committee, said the biggest effort came from the popcorn sales. "Popcorn sales made an impact on what we can give to the post organizations. The sales spearheaded by BRAG alone generated \$26,500. Also, in the past year, the auxiliary's annual book fairs, held in the Medical Mall, raised \$11,000.

"There's a goodwill through popcorn sales, the best in San Antonio, Texas," Col. David Ellis, deputy commander of clinical services said. "I've watched the interchange between the volunteers and the people. People visit with the BRAG volunteers and they give a little more – a lot more than just the money."

Ellis said volunteers provide a larger footprint of service to the medical field, they give more than what money can do to benefit patients and Soldiers.

BAMC's Health Promotion Center added eight books and two videos to their pre-existing breast health/cancer resource library.

"I think the efforts by the auxiliary are awesome," Susan Ferrise, BAMC breast health education said. "They allow me to offer another type of support," Ferrise said. "Because of the auxiliary's support, the library now has



Mary Martin, chairman of the auxiliary's ways and means, presents Karen L. Dreher, head nurse of hematology and oncology clinic, with an oncology patient resource manual and non-perishable snacks. Dreher said the snacks and juices come in handy for patients receiving chemotherapy treatments who suffer from nausea and need to re-hydrate.

books available for children to relate to, as well as books that take a lighter look at life with cancer when a good laugh is needed." "It's a contagious enthusiasm in around about way of sharing gifts with organizations," Ellis said.

## DS3

Continued from Page 1

For purposes of the program, severely disabled means a disability rating, or the likelihood of a rating, of 30 percent or greater, and a special condition. Those conditions include the loss of an eye or limb, a spinal or disfiguring injury, or a psychiatric disorder. The disability rating and special condition do not have to be related to a combat wound or injury.

While Soldiers in the program or their family members can call for assistance at anytime, program officials will contact the disabled Soldiers periodically for at least five years following registration into the program.

"This program is designed to be the advocate for the Soldier and his family," said Col. Michael Flowers, director of Human Resources Policy Directorate, Army G1, who oversees the DS3 task force.

"This is not a program to do anybody else's job," Flowers said. "It's about assisting to ensure we are doing it right. We take care of our own, even after retirement."

Doing it right isn't only ensuring severely disabled Soldiers know what entitlements and services are available to them, according to Lt. Col. Lorelei Coplen, TF DS3 deputy director. It's also sometimes doing the research and educating different organizations and agencies about what they can do for Soldiers, she said.

"We have had some cases where we called up and said you have the authority to do this and gave them the (Army regulation) paragraph and line number that authorized them to do it," Coplen said.

While the program has only recently been announced, it has been reaching out and helping qualified Soldiers and their families for several months.

Approximately 12,000 Soldiers wounded or injured during Operations Iraqi Freedom and Enduring Freedom; 2,650 of those required medical evacuation and treatment in Germany or the United States. As of Feb. 16, 132 of those Soldiers had been enrolled in the program and have been getting active assistance.

Four Soldiers in the program, two medically retired and two still on active duty, shared their experiences with DS3 at the media round table.

Sgt. James Sides, a flight medic who suffered multiple brain bruises, a broken arm, internal injuries and several minutes under water after his helicopter crashed, credited the program with keeping his family together.

Part of the problem was his wife, Rebecca, having to make a lot of tough decisions alone as Sides was fighting for his life and then recovering from his injuries

One of those decisions was whether to take Sides off life support when he was in a comma and not expected to survive.

Other decisions included how to make the move from their Fort Carson, Colo., home to Wynne, Ark., when Sides was medically retired. Other problems included where to get marriage counseling and counseling help for their two children who were having difficulty accepting their father's changed life.

"I went thru the Veterans Affairs and didn't get the answers to what I needed," Sides said. "I found the DSS number, called and got what I needed."

DS3 made the counseling arrangements Sides and his family, and called back with appointment times.

For Sgt. 1st Class Joseph Briscoe, a special forces Soldier, who lost his right arm below the elbow and nerve damage to his left arm due to wounds in Iraq, DS3 helped him understand how he

might be able to stay in the Army, despite his wounds. Currently at Walter Reed Army Medical Center, Washington, D.C., as an outpatient, Briscoe is a 17-year Army veteran.

"I want to see it through to (a normal) retirement," Briscoe said.

Briscoe said he got briefed on his options of a medical retirement or working to meet the standards for a Medical Fitness Board, which might allow him to stay in the Army, shortly after arriving to Walter Reed while in a drug-induced haze from the pain killer medication he was on.

"Somebody checked the block that I got the briefing," Briscoe said, "but I really don't remember what was said."

When DS3 officials made initial contact with Briscoe, he asked for information on his options and got it.

While the initial focus for the program has been on OIF and OEF Soldiers, it is not limited to Soldiers from recent conflicts, Flowers said. He encourages any Army veteran who believes he or she is qualified for DS3 to call the Army Information Line.

For more information about the initiative, visit the DS3 Homepage, www.ArmyDS3.org.

# 187th Medical Battalion Company Soldiers participate in Christmas in April community project

By Capt. Antonio Flores Special to the News Leader

On Saturday, 24 April, members of F Company, 187th Medical Battalion participated in the Annual Christmas in April Program in Wichita Falls, Texas. The program is one of the leading local volunteer organizations that help low-income homeowners, particularly the elderly and disabled, who need of home repairs and maintenance for their homes.

Volunteer teams helped a total of 30 homes in this project. The effort consisted of yard work, painting, carpentry and anything else that need to be done. Sgt. 1st Class Derek Plummer, 91A instructor, took the lead and put together a team of Army Soldiers and Army civilians for this cause ensuring that F Company and the post Army community were well represented in the program. The homeowner was very grateful and speechless with all the great work that was accomplished and it was a wonderful experience for the Soldiers and civilians of F Company.

F Company is part of the 187th Medical Battalion located on Sheppard Air Force Base in Wichita Falls, Texas, which is 380 miles north of Fort Sam Houston. They are part of a Triservice setting where the 91A, Medical Equipment Repair, and 91EN5, Dental Lab, which is an ASI for the Dental Assistants course, are taught along with service members from the Air Force and Navy.



**Courtesy Photo** 

Two Soldiers of F Company, 187th Medical Battalion located at Sheppard Air Force Base, repair and paint gutters on a home in Wichita Falls as part of the Christmas in April project.

## Fox assumes command of C Company 187th Medical Battalion



Photo by Esther Garcia

(Above) Jennifer Fox accepts a bouquet of flowers welcoming her to the command.

(Right) Capt. James Fox accepts unit guidon from Lt. Col. John Collins, assuming command of C Company 187th Medical Battalion from outgoing commander Capt. Amy Sanders.



Photo by Esther Garcia

## Cougars medics give time to community

Story and photos by 1Lt. Veronica L. Judon Special to the News Leader

The 232nd Medical Battalion, C Company "Cougars," commanded by Capt. David L. McCaskill, Jr., are giving back to the local community in a very special way. Although the Cougar medics of C Company are only at Fort Sam Houston for 16 weeks of tough, realist training to become a 91W Combat Medics, they manage to set time aside to visit a local San Antonio homeless shelter.

On April 24 the cadre and students of C Company, 232nd Medical Battalion, hosted children from the San Antonio Metropolitan Ministry shelter. During this visit the children were assigned a C Company battle buddy, made simulated name tags, camouflaged each other, and marched in formation calling cadence. The children were then taken to view the exhibits at the Army Medical Department

Museum on Fort Sam Houston and then returned to the company area for a party. Hats off to the Cougar medics of class 05-04 for their support to the local community.

The San Antonio Metropolitan Ministries, Inc. provides emergency services for needy families at the SAMMinistry located on Commerce Street in San Antonio. The assistance can range from a hot meal to providing shelter to needy individuals or families. For the past eight months the Cougar medics have spent Saturday mornings at the San Antonio shelter reading to children, mentoring troubled youth, assisting the staff in serving meals and just lending a helping hand. You can visit the SAMMinistries at their location on Commerce Street or their Web site at http://www.samm.org/services/commerce.html.



"Cougar" medics from C Company, 232nd Medical Battalion, pose with families from the SAMMinistry, whose mission is to help the homeless. The Cougar medics sponsored the families for a day of fun and activities on FSH.



Spc. Thomas O'Connor, C Company, 232nd Medical Battalion, knocks out a few push-ups with his new "little cougar" battle buddy.

## TRICARE travels with you

This time of year many families will be taking vacations or transferring to another assignment. For whatever reason you leave home, TRICARE can help with your health care needs while you're on the road.

Urgent Care - For urgent but nonemergency conditions while traveling, TRICARE Prime beneficiaries must receive authorization from a Health Care Finder before receiving care. If a prior authorization for urgent care is not received from the HCF when seeing a civilian provider, you will be billed under the Point-of-Service option. This means you will pay a higher cost-share and deductible. TRICARE Standard and Extra beneficiaries do not need a prior authorization but must pay any applicable cost-shares and deductibles. Routine care outside of your normal service area is not a TRICARE benefit.

Emergency Care - An emergency is a medical or psychiatric condition that would lead an average, non-medical person to believe that lack of immediate medical attention would threaten life, limb or sight. Emergency care is also appropriate to relieve severe pain or suffering. If you are confronted with an emergency while traveling call 911, or seek immediate care at the nearest hospital emergency room. Emergency services do not require preauthorization. If your emergency results in a hospital admission and you are a TRICARE Prime beneficiary, you or a family member must contact the HCF within 24 hours, or as soon as medically possible. Prime beneficiaries should follow up with their Primary Care Manager after any emergency care.

#### **Prescription Medication:**

When traveling within your region:

- Pay only the copayment by using a network pharmacy.

When traveling outside your TRI-CARE region:

- You will need to pay the entire amount and seek reimbursement from TRICARE when you return home, so hold on to your receipts.
- You can obtain a claim form by visiting www.TRICARE.osd.mil/claims.

Better yet, use the TRICARE Mail Order Pharmacy before you leave home. Through the TMOP you can receive up to a 90-day supply of most medications. For additional information, call TMOP at (866) 363-8667, or visit www.express-scripts.com.

#### **Travel tips:**

- Always carry your military identification card.
- Contact an HCF at (800) 406-2832 they are available 24 hours a day, seven days a week. TRICARE eligible beneficiaries can call a HCF for assistance in locating TRICARE approved providers in the area.
- Prime beneficiaries should keep their PCM's telephone number with them, should follow-up care be necessary. (Your TRICARE Prime ID card has space provided to write in your PCM's name and phone number.)

For more information, call a Customer Service Representative at (800) 406-2832, or visit www.hnfs.net.

## Health Promotion Center May Class Schedule

Class	Date	Time
Tobacco Cessation "Readiness to Change"	6	2-4 p.m.
Introduction to Weight Reduction	7	Noon to 1:30 p.m.
Breastfeeding Support Group	7	1-2:30 p.m.
Cholesterol & Lipids	10	8:30-11:30 a.m.
Diabetes Education	10	12:45-4:30 p.m.
Diabetes Education	11	12:45-4:30 p.m.
Stress Management	11	1-2 p.m.
Breast and GYN Cancer Support Group	12	9:30-11 a.m.
Office Yoga	12	Noon to 1 p.m.
Self Care and Health	13	9-11 a.m.
Breastfeeding Support Group	14	1-2:30 p.m.
Diabetes Education	17	12:45-4:30 p.m.
Arthritis	18	9:30-11 a.m.
Diabetes Education	18	12:45-4:30 p.m.
High Blood Pressure	19	9 a.m. to Noon
Office Yoga	19	Noon to 1 p.m.
Fibromyalgia Treatment Group	19	1-3:30 p.m.
Back Pain	20	2 -3:30 p.m.
Body Fat Testing	21	8-11 p.m.
Introduction to Weight Reduction	21	Noon to 1:30 p.m.
Breastfeeding Support Group	21	1-2:30 p.m.
Diabetes Education	24	12:45-4:30 p.m.
Breast Health	25	9-10 a.m.
Diabetes Education	25	12:45-4:30 p.m.
Breast and GYN Cancer Support Group	25	6-7:30 p.m.
Office Yoga	26	Noon to 1 p.m.
Self Care and Health	27	1-3 p.m.

**Note:** Appointments for Diabetes Education are scheduled through the Internal Medicine Clinic at 916-0794. Appointments for the Fibromyalgia Treatment Group require a consult to Behavioral Medicine Clinic. To schedule Winning Combination and Introduction to Weight Reduction, call the Nutrition Care Division at 916-5525. To schedule Back Pain, call Physical Therapy at 916-3247.

#### Smoke-free and courageous forever

Attend smoking cessation classes in the Health Promotion Center and learn how to find the courage to give up the nicotine habit forever, whether you smoke, dip, or chew. Become one of our graduates and earn your "wings".

Health Promotion Center Ward 3 West, BAMC 916-3352 or 916-5538

# FSH Commissary, BOSS launch campaign

Soldiers be aware, the Fort Sam Houston commissary waits for you! The kick off for the 2004 Commissary Awareness Campaign begins May 11, 11:30 a.m. to 1 p.m. in the commissary lot next to Wilson Road.

The Fort Sam Houston Better Opportunities for Single Soldiers program in partnership with the Defense Commissary Agency will host the Commissary Awareness Campaign in and effort to familiarize single Soldiers with the post commissary.

Although it has been long perceived by single Soldiers that the commissary is strictly for military families, retirees and their families, this event hopes to dispel this myth.

Many great values await the single Soldiers at the commissary during the campaign. After the initial kickoff on May 11, the BOSS program and commissary employees will conduct tours of the commissary on May 12, 14, 24 and 28, 8 a.m. and noon each day. The tours last approximately 30 to 45 minutes. Military units are encouraged to send their Soldiers to these tours. Each Soldier will receive a free gift bag and be eligible to win a \$25 gift certificate at the end of each tour. After the campaign, a Soldier who took the tour will be selected to win a grand prize of \$250 gift certificate to the AAFES Clothing Sales store.

Visit the FSH Commissary and join the fun. Take the opportunity to win some prizes and find out about the food items and prices available at the FSH Commissary. For information, call Staff Sgt. Edward Castro, FSH BOSS president at 221-8760 or call the FSH Commissary at 221-4678.



# Help a deployed military mother, son or daughter call home this Mother's Day

This Mother's Day, thousands of military personnel serving far from home will pick up the phone to say "hello" to mom. Mother's Day, traditionally one of the busiest days of the year for America's telephone companies, is expected to produce a spike in calls from Army & Air Force Exchange Service telephone centers throughout Operations Iraqi and Enduring Freedom.

"Holidays bring troops from all over the Area of Operation out to the phone centers," said AAFES' Chief of Communications Lt. Col. Debra Pressley. "Thousands of America's deployed sons and daughters as well as Mother's serving downrange will make time on May 9 to place a call home."

Due to a recent decision by the Department of Defense, American's wishing to help these sons, daughters and mothers can purchase a Military Exchange prepaid phone card to help deployed troops make a connection from the front lines to the home front this Mother's Day. "I cannot think of a better way to show support for deployed troops," said Pressley. "Now anyone (even those not in the military) can help troops in

contingency operations call home for Mother's Day!"

Many of the prepaid cards available to the general public from retailers other than AAFES offer much higher rates and connection charges. For service members to receive the best calling rates from OIF/OEF, individuals and civic groups looking to lend a hand should take advantage of the savings and purchase the Military Exchange 550 Unit Prepaid Card as it offers the best value when calling home. Military Exchange Prepaid Phone Cards are the only phone cards with

minutes that never expire and no hidden charges or connection fees. Senders don't even need to know the names or address of deployed personnel to provide the great benefit of a phone call home.

Helping service members stay in touch with friends and family has never been easier. Anyone can log on to www.aafes.com <a href="http://www.aafes.com">http://www.aafes.com</a> and click the "help our troops call home" link. From there, those wishing to pay for troops to call home can send a prepaid calling card to an individual at his or her deployed address or to "any service member" deployed or hospitalized. AAFES will coordinate distribution of donated cards addressed to "any service member" via the American Red Cross, Air Force Aid Society or the Fisher House Foundation.

AAFES currently operates 31 call centers in Iraq, 19 in Kuwait and four in Afghanistan. All of these locations stay busy playing a critical role in keeping the lines of communication open between deployed

troops and their loved ones.

In addition to the ability to send phone cards, individuals and organizations can further extend support to deployed troops with a "Gift From the Homefront" gift certificate. This innovative initiative allows anyone to help deployed troops purchase merchandise in one of 54 contingency stores. "Gifts from the Homefront" can also be purchased 24 hours a day by logging on to www.aafes.com <a href="http://www.aafes.com">http://www.aafes.com</a> or by calling 877-770-4438, seven days a week, everyday of the year. From there, the "Gift from the Homefront" can also be sent to an individual service member (designated by the purchaser) or distributed to "any service member" through the American Red Cross, Air Force Aid Society or Fisher House.

Reports from Iraq indicate that the certificates distributed most recently are being used for the latest CDs and DVDs, comfort items such as snacks and beverages and phone cards for those all-important calls home. "Gifts from the Homefront" certificates are available in denominations of \$10, \$20 or \$25 and are subject to a \$4.95 shipping and handling processing fee. As is the case with Military Exchange Prepaid Phone Cards, "Gifts from the Homefront" can be purchased by anyone with a U.S. credit card or check, but only authorized military customers can redeem them at AAFES facilities throughout the world, including 54 locations in OIF/OEF.

The Army & Air Force Exchange Service is a joint command of the U.S. Army and U.S. Air Force, and is directed by a Board of Directors who is responsible to the Secretaries of the Army and the Air Force through their Chiefs of Staff. AAFES has the dual mission of providing authorized patrons with articles of merchandise and services and of generating non-appropriated fund earnings as a supplemental source of funding for military Morale, Welfare and Recreation programs. To find out more about AAFES' history and mission or to view recent press releases please visit our Web site at http://www.aafes.com/pa/default.asp.

# **Steps to obtain Common Access Cards**

Active Duty personnel, selected Reservists, DoD civilians, and eligible DoD contractors are reminded that there is a requirement to obtain the Common Access Card.

The CAC, in addition to its use as an ID Card, will provide a variety of functional capabilities such as access to buildings/facilities and secure access to government computer systems/networks.

The ID Card Office is continuing to issue CAC's to individuals that did not receive the CAC during the fielding stage over the past two years.

To obtain a CAC, recipients enrolled in DEERS must have:

- One form of Federal/State ID, i.e., passport, state driver license.
- AKO e-mail account (Army Personnel)
  - 3. 6 to 8 digit PIN number

Recipients not enrolled in DEERS must have:

- Two forms of official ID issued by Federal/State agency, one must be a photo ID.

- AKO e-mail account (Army Personnel)
  - 3. 6 to 8 digit PIN number.

In addition to the above, the servicing Civilian Personnel Office must verify the DD Form 1172-2 for DoD Civilians not enrolled in the database.

The Contracting Officer or Contracting Officer Representative must verify the DD Form 1172-2 for DoD Contractors each time a CAC is issued.

A DD Form 577 Signature Card must be on file in the ID Card Office for any individual who verifies/signs the DD Form 1172-2.

If you have a CAC, but can't recall your PIN number, please contact your Unit or Organization Administrator to schedule an appointment at the ID Card Office, Bldg. 367, so we can reset your pin number.

For information or assistance, call Mr. Agosto at 295-8809 or 221-9274.

### Helpful hints for PCS moves and filing household goods claims

Unfortunately, most moves are accompanied by loss of personal property. The military claims system was created to assist Soldiers and their families recover compensation for personal property loss. Although this article is designed to provide you with advice and instructions in filing your claim, reference should always be made Army Regulation 20-27, Chapter 11 and all questions should be addressed to the Claims Office 221-2161 or 221-1973.

#### Before the move:

In order to recover loss for valuable items, it will be necessary to show documentation of ownership. Therefore, it is recommended that you take time before the movers come to inventory and record your personal property. Documentation can be in the form of receipts, appraisals, pictures, or video of your items. Remember, not to ship this information with your household goods because you do not want to loose your proof of ownership along with your shipment.

Second, it is important to consider if you desire additional insurance coverage. You can purchase two types of additional insurance coverage through the carrier. Under option 1, coverage must appear on your DD Form 1299 and on your Personal Property Government Bill of Lading. It is not available on overseas shipments, shipments to or from Hawaii, during non-temporary storage (it can be requested coming out of non-temporary storage) or for local moves.

Option 1 provides additional depreciated value coverage. If you purchase this option and your property is lost or damaged, Army members may submit their claims to an Army claims office or to the carrier.

Under Option 2, you may purchase full replacement protection from your transportation office. You must request this coverage at the time of your initial counseling. If you buy this option, you must submit a claim to the carrier first, and the carrier may choose to repair or replace items rather than pay money to you. (See our Web site article for more information on insurance coverage).

You may also purchase additional insurance through a private insurance company.

Remember that if you

do not have private insurance, the Army Personnel Claims Act will only allow the Claims Office to reimburse you the depreciated value or the repair cost of your items. In addition, there are limits on both the total amount that the Army can pay (\$40,000 in most cases) and limits on how much we will pay for most types of property. There are also limits on the type of property that is covered under the Personnel Claims Act. For example, we will not pay for items that are purchased or used for a private business. If you choose to purchase private insurance because you require more coverage, read the contract carefully, as each insurance company will provide different coverage.

If you have a private insurance policy that may cover all or part of your loss, you do not have to file with your private insurance company before the Army can pay you, if your claim is for a loss or damage to your personal property while it was being transported or stored at government expense.

#### **During the move:**

It is important that to be prepared in advance for your move. Before the movers arrive, separate which items you desire the movers to pack from those items you choose to hand-carry. Remember, the Army Personnel Claims Act will not allow reimbursement for money or coin collections lost in shipment. Therefore, money should always be hand-carried. In addition, it is recommended that you hand-carry any high value items, such as jewelry.

After the packing is completed, the movers will provide you with an inventory sheet for your signature. It is critical that you read this form carefully. Each line will provide a description of the item.

Ensure that you review the list and indicate missing items. It is also important to check that high value items that are to be shipped are listed separately on the inventory sheet or on a high value inventory sheet. Next to each line the movers will document any pre-existing damages in codes that are usually found at the top of the form. Take the time to review these codes and document and discrepancies in the remarks section of the form.

Upon delivery, compare the delivered items with your original inventory sheet. If you find any missing or damaged items document those items on your pink sheet, DD Form 1840. After the movers leave and you begin unpacking, indicate any additional missing or damaged property on the reverse side of sheet, DD Form 1840R.

#### After the move:

Continue to unpack your items and inspect them for damages carefully. It is recommended that you turn on electrical appliances to insure they are in working order, look over furniture, figurines and valuable for damages, open CD cases and check that CDs are inside. Once you have completed the DD Form 1840R by annotating all remaining damages and missing items, turn it into the claims office in Building 153.

Remember DD Form 1840R must be in the claims office within 70 days of the date of delivery. Failure to timely submit this form to the claims office may bar any recovery you are entitled to receive.

If a married Soldier is deployed when the household goods are delivered, the spouse is still required to submit the 1840R within 70 days to ensure that the claimed damage actually occurred during shipment and not after further use. If a deployed Soldier is single and the Soldier's NCO

accepts delivery of the shipment, for example, the shipment should be immediately placed into storage and the Soldier will have 70 days from when they return from deployment to file the 1840R. Please contact the claims office for further guidance when someone other than the Soldier is accepting a household goods shipment. Any problems regarding submission of the form within the required time should be addressed to the Claims Office immediately.

When you submit your 1840R to the claims office, the claims personnel will sign the form to acknowledge receipt and provide you additional forms and information on how to properly file your claim within the two-year statue of limitations. You will also receive information on the necessary documentation you will need to substantiate replacement or repair costs. (Please see Forms Required page).

The carrier has a right to conduct an inspection of the property upon a reasonable request. Therefore, do not dispose of or repair any items without prior approval from the Claims Office. Once you are paid the replacement cost of the item, less depreciation, ownership of such property is usually transferred to the carrier. Accordingly, disposal of any property without the written consent of the Claim Office may result in a deduction of the salvage value of the property involved, or no allowance at all, for such items.

Remember, you have two years from the date of delivery to file a claim, not from the date of you turning in your 1840R. The minimum requirements for filing a claim require a written demand for payment. Therefore, it is not necessary to provide supporting documentation within the two years. If you are late in filing your claim, you are again barred from recovery.

Information contained in this paper is general in nature and does not constitute legal advice. If you have any questions regarding specific situation please contact the Fort Sam Houston Claims Office in Bldg. 153 or call 221-1973.



Help for parents who don't know what to say to their kids about drugs. Help from experts who can answer any question you have about drugs. Help for parents from other parents and for kids from other kids. It's the new Partnership Web site. Where comprehensive, intelligent and practical help is just a click away.

Partnership for a Drug-Free America\*

## Joint and Expeditionary focus: Army gets there fast, but not alone

By Sgt. 1st Class Marcia Triggs **Army News Service** 

This is the ninth article in a series of weekly articles that examine the 17 Army focus areas outlined by the Chief of Staff of the Army Gen. Peter Schoomaker. This one features "A Joint and Expeditionary Army with a Campaign-Quality Capability."

The Army's chief and acting secretary were asked by a member of the Senate Armed Services Committee if seamen and airmen were being requested to perform Army duties in Iraq and Afghanistan.

"I'm not aware of any such request. But we're looking for capabilities across the force to relieve the Army," said Army Chief of Staff Gen. Peter Schoomaker while testifying on Capitol Hill last month. "We fight jointly ... it makes perfect sense for the other services to give the Army a reprieve."

Schoomaker spent only a couple of minutes trying to explain to members of Congress that the Army is part of a joint force, but he has given Training and Doctrine Command a long-term directive to architect a campaign that will get Soldiers to embody a joint and expeditionary mindset.

The Army has included joint training in its school for senior officers for a few years now, but the service will soon start teaching joint tactics earlier in the careers of both commissioned and noncommissioned officers, Simpson said.

Blue Force Tracking, a command and control system, is an example of how junior military persons are talking to each other, officials said. From company to theater level commanders, Blue Force Tracking is being used to provide situational awareness and digital command and control for the Army, Marine Corps and Coalition forces, said Michael Lebrun from the Office of the Assistant

Secretary of the Army (Acquisition, Logistics, & Technology).

"The core of the program is its software," Lebrun said. "Inside of the platform is a digital map that gives you your location. It can also tell you where any other Blue Force Tracking equipped platform is in the area of operations."

It's the first part of reducing the risk of fratricide, Lebrun said. It provides better information on where friendly forces are, and it allows forces to plan better, react better and do a lot of things to mitigate the risk of fratricide, he concluded.

In the near future hand-held versions of Blue Force Tracking will be fielded in Iraq, Lebrun said.

"A Joint and Expeditionary Army with a Campaign Quality " is one of the Army's focus areas. "Basically we want to maximize each service's capabilities and prepare leaders and Soldiers to fight in uncertain and ambiguous environments. The Joint and Expeditionary Task Force is the lens through which we filter many of our transformation efforts," said Bob Simpson, the deputy of the Joint and Expeditionary task force.

Joint Forces Command in concert with the services is refining Joint **National Training** Capability, which will integrate joint training similar to the way the Army has integrated combined arms training at its combat training centers for some years, Simpson said. And TRADOC is very much involved in the effort, Simpson added.

JNTC was first conceived in 2002, but is now taking a more robust approach to train joint forces, according to the U.S. Forces Joint Command Web site. Included in the training

will be real people in real locations using Soldiers must realize that the Army's real equipment; real people in simulators and simulated entities in a simulated environment, according to the Web site.

DoD is not constructing another training center, but is combining live, virtual and constructive training to create a joint training capability that will eventually include capabilities resident at the installation level, Simpson said. However, right now the focus is starting the capability at Fort Irwin, Calf., and the other Service's Western Ranges he said.

Officers and NCOs can also expect to see joint education initiated earlier in their professional development schools, Simpson said. Leaders have to see themselves as members of a joint profession, he said. The specifics are being decided in a consensus environment with the other services, Simpson added.

"One of the things about each of the services is that they have unique cultures, and one thing that defines a culture is language," Simpson said. "So part of this process will be to define a common joint language. An important part of the process is integrating service and joint doctrine."

The second piece of the focus area is expeditionary, and Simpson said that

normal state is to be at war.

"We first started trying to change the mindset of the Soldier to a joint and expeditionary one by introducing them to the Warriors Ethos and the Soldiers Creed," Simpson said. "The creeds reinforce that they are part of a great Army team."

"I am a Warrior and a member of a team ... I stand ready to deploy, engage and destroy the enemies of the United States of America," states the Soldiers Creed. These words will unconsciously remind Soldiers and leaders that they have to be comfortable with uncertainty, Simpson said.

"Soldiers can't expect to go into a theater where there is an iron mountain of logistics and every pre-condition has been set.," Simpson said. "We don't have a front or a rear, all of our Soldiers deploying into any theater from now on will be in harm's way regardless of where they are on the battlefield."

TRADOC has the lead and is working to change the Army's doctrine, organization, training and leader development. However, Simpson said, every commander has the responsibility to start training all Soldiers to be riflemen first.

## VMET Test begins at Fort Sam Houston

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The Fort Sam Houston Army Career and Alumni Program Center is the Army representative for a test of a new delivery system for the DD Form 2586, Verification of Military Experience and Training. Currently the form is only available through a military transition office. Effective immediately, service members at Fort Sam Houston may access the Defense Manpower Data Center database through a test URL from any computer and request the VMET document.

The VMET document is an overview of a service member's military career that assists departing service members transitioning to civilian life by providing military skills and training data and translating them into civilian terms. The VMET has proven

itself to be an integral part of the job search process, especially with respect to resume building and interview session preparation. Additionally, on a quarterly basis, the American Council on Education provides DMDC with narrative data information for occupations and courses evaluated by ACE at the request of the military services. These evalua-

tions assist in translating military courses and occupations into academic credit consideration by vocational schools, junior colleges and universities alike.

We need your help in testing the system. All military personnel at Fort Sam Houston are highly encouraged to access the DMDC database and request their VMET document. The VMET web page for this test is www.dmdc.osd.mil/vmet/testlogin. You will need your customized MyPay Pin, Social Security Number, Date of Birth, Last Name and military status to access your file. Instructions on obtaining a MyPay PIN are included. Send feedback, questions, or problems directly to VMET@OSD.PENTAGON.MIL.

## Family Readiness Groups Leadership Team Workshop

May 14, 8 a.m. to 4 p.m. at the Roadrunner Community Center

This workshop is open to all units on the installation whether or not you have an FRG. The purpose is to provide standardized training to unit commanders, first sergeants, family member FRG leaders, and any other unit representative with an interest in family readiness. The material presented in the workshop is from the Operation READY program developed by The Texas Cooperation Extension of Texas A&M University under contract with Headquarters, Department of the Army, Community & Family Support Center, and Army Community Service.

Agenda	
8-8:30 a.m.	Registration
8:30-9:15 a.m.	Introduction/FRG Overview
9:15-10 a.m.	Leadership for Effective FRGs
10-10:10 a.m.	Break
10:10-10:40 a.m.	Building Your FRG - Getting Started
10:40-11:20 a.m.	Building Your FRG - Volunteers
11:20-11:45 a.m.	Building Your FRG - Making Contact
11:45 a.m. to 12:30 p.m.	Lunch
12:30-1:15 p.m.	Running the FRG - Communications
1:15-1:45 p.m.	Running the FRG - Special Events
1:45-1:55 p.m.	Break
1:55-2:30 p.m.	Running the FRG - Money Matters
2:30-3 p.m.	Running the FRG - JAG
3-3:30 p.m.	The FRG - Bringing it All Together
3:30-3:50 p.m.	Workshop Wrap-up
3:50-4 p.m.	Certificates

**Note:** Pre-registration is required and class size is limited. For reservations and information, call the Mobilization & Deployment Office in ACS at 221-2705. The next scheduled workshops are June 11 and July 16.

## **Army Community Service**

Family Advocacy Program Class May Schedule

Class Title	Dates	Class Time
Anger Management Awareness	11	11 a.m. – 12:30 p.m
Basics of Breastfeeding	19	10:30 a.m. – Noon
Beyond Your First Baby	27	8 a.m. – Noon
Boys Only!		
Ages 6-8	12	3 - 4 p.m.
Ages 9-10	26	3 - 4  p.m.
Building Effective Anger Management Skills	6, 13, 20 & 27	11 a.m. – 12:30 p.m
(B.E.A.M.S.) Thursday Classes (Series 2-5)		
Commanders Training	27	8 - 9:30  a.m.
Conflict Management	14	11 a.m. – 12:30 p.m
Coping with Difficult People	5	12:30 - 2 p.m.
Getting Ready for Childbirth (Series 1-3)	3, 10 & 17	6 – 9 p.m.
Girl Talk!		
Ages 6-8	5	3 - 4  p.m.
Ages 9-10	19	3 - 4  p.m.
Healthy Pregnancy	24	1 - 4  p.m.
Helping Us Grow Securely	4, 11, 18 & 25	9 – 11 a.m.
(H.U.G.S.) Playgroup		
Making Love Last! (Couples Course)	6, 13 & 20	6 - 8  p.m.
(Series 2-4)		
Military Spouse Appreciation Day!! (Open House)	7	10 a.m. – 1 p.m.
Parenting with Love & Logic (ages 0-12)	6, 13 & 20	9 – 11:30 a.m.
Stress Management I & II	11 & 18	1 - 2  p.m.
Teen Talk	6, 13, 20 & 27	4 - 5 p.m.
Truth or Consequences? (Series 3)	4	4:30 – 5:30 p.m.
(Series 1-2)	18 & 25	4:30 – 5:30 p.m.
Your & Your Baby	12 & 26	8 a.m. – Noon
Note: To sign up for classes or for more information, call	ACS Family Advocacy Progr	ram at 221-0349 or 221-2418

Note: To sign up for classes or for more information, call ACS Family Advocacy Program at 221-0349 or 221-2418.



AD IN THE
CLASSIFIED
SECTION TO
FIND YOUR NEXT
EMPLOYEE

TAKE OUT AN

## Be aware of dead birds, WNV

West Nile virus has been identified in more than 125 native bird species found dead in the United States. The infected birds, especially crows, are known to get sick and die from the infection. Consequently, they provide a barometer for us to detect WNV activity in the area. Knowledge of positive birds in your area allows for more targeted surveillance and possible control activities. It is important to note that a single dead bird in your yard or at your work place does not mean it died of WNV.

The Department of Preventive Medicine program for WNV relies on citizens to report dead birds seen around their property or elsewhere. Birds exhibiting unusual behavior suggesting illness (lethargy, falling out of trees, difficulty flying, etc.) should also be reported. There is no evidence that handling dead birds can transmit WNV. However, because wild birds may carry diseases that are contagious to humans, proper precautions should be taken before handling sick, injured, or dead wildlife. If you must handle a dead bird, wear nonporous gloves that can be either disposed of or sanitized with bleach.

Take the following steps when you see a dead/dying bird:

- Make sure the bird is recently dead (less than 24 hours) and not decomposing (no maggots)
- Call the Department of Preventive Medicine Entomology Service at 295-2742/2506 to report a

dead bird. If the bird is suitable for testing, someone will pick it up. Birds not suitable for testing will be referred to installation grounds management for disposal.

- Take note of the exact location, condition, and type of bird (color or species) The most commonly affected species in this area are Blue Jays, Crows and other similar black birds such as Grackles. See http://www.tdh.state.tx.us/zoonosis/diseases/Arbovir al/westNile/samples/grackle.asp for a description of common Texas "blackbirds."

San Antonio residents can report dead birds to the San Antonio Metropolitan Heath District Environmental Services Division at 210-207-8853.

For more information about West Nile Virus visit the following Web Sites:

- Texas Department of Health http://www.tdh.state.tx.us/zoonosis/diseases/arbovi-ral/westnile/
- Center for Disease Control and Prevention http://www.cdc.gov/ncidod/dvbid/westnile/index.ht
- US Army Center for Health Promotion and Preventive Medicine –

http://chppm-www.apgea.army.mil/WESTNILE-VIRUS/

 - United States Geological Survey http://www.nwhc.usgs.gov/research/west\_nile/west\_nile.html

#### **RCI Focus Group Meetings, May 18**

Lincoln Military Housing, LLC and the Residential Communities Initiative invite Fort Sam Houston residents and military non-residents to a Focus Group Meeting on May 18 at the Roadrunner Community Center, Bldg. 2797 on Stanley Road. Current off-post military residents focus group will meet at 5:30 p.m. and the on-post military residents will meet at 7 p.m. Everyone is encouraged to attend as the input from April's Focus Group Meetings may be incorporated in the designs for future Fort Sam Houston housing.

#### **Townhall Meeting, May 20**

There will also be a Townhall Meeting for Fort Sam Houston residents May 20 at 7 p.m. at the Roadrunner Community Center. Everyone will be able to view the proposed future Urban Design Associates designs for Fort Sam Houston housing. Refreshments will be served.



Sgt. Michael Anderson visits with Dawson, a 115-pound giant schnauzer, and owner, Jan Admire, at the Soldier and Family Assistance Center. Dawson and owner visit with Soldiers and their family members at the center.

# SFAC bids farewell to faithful friend

Story and photo by Nicole Alger Special to the News Leader

When you enter the Soldier and Family Assistance Center at the Powless Guest House across from Brooke Army Medical Center you might be greeted by Dawson, a 115-pound giant schnauzer. Dawson provides a valuable service to Soldiers from Operation Enduring Freedom and Operation Iraqi Freedom who are receiving medical care at BAMC. When Soldiers and their family members stop by the SFAC to watch television, check e-mail, read, use the phone, have a snack or just take a break and relax, Dawson makes them feel right at home. He is a friend to all he meets, a calming presence and a never-ending source of conversation around the SFAC.

An award-winning show dog, Dawson has now retired from the show circuit and has moved on to working as a therapy dog. He is the only giant schnauzer and one of the first two dogs to be inducted into the Animal Hall of Fame in 2001 in Durham, N.C. Prior to his work at the SFAC, Dawson

worked at the Womack Army Medical Center at Fort Bragg, N.C.

Unfortunately, Dawson, along with his owners David and Jan Admire must PCS this summer. SFAC will be loosing a loyal friend and volunteer. Currently, Dawson and his handler Jan, spend about five hours a week at the center. Both will be greatly missed, and while they cannot be replaced, SFAC hopes to find another therapy dog to visit after Dawson moves.

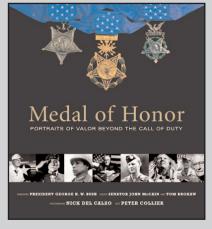
Staffed by volunteers and Army Community Service personnel, the Soldier and Family Assistance Center provides support and assistance to patients and family members of Operation Enduring Freedom and Operation Iraqi Freedom. It is a comfortable, welcoming environment in which to relax, socialize and receive referrals to various helpful agencies and assistance with transportation, finances and lodging. It is located on the second floor of the Powless Guest House, Bldg. 3625, on George C. Beach Road across from BAMC. The SFAC is open seven days a week from 9 a.m. to 9 p.m. For more information call (210) 357-2705, extension 2008.

## Schedule of events for May 14 at FSH:

- 11 a.m. to 1 p.m., Booksigning at the Main Exchange
- 3:30-5 p.m., Panel Discussion, Questions and Answers, Booksigning at Blesse Auditorium

#### **Meet Medal of Honor recipients:**

- Jose Lopez
- Robert O'Malley
- Clarence Sasser
- Michael Thornton





Call 210-246-9622 • Visit www.ymcasatx.org

## The 'best of the best' to meet at Fort Sam Houston

They are men and women who come from different backgrounds and different installations within the Southwest Region Installation
Management Agency. They don't even have the same kind of jobs, yet they are bothers and sisters and have a lot in common. They are 20 military members selected as the "best of the best" enlisted and noncommissioned officers within SWRO IMA.

These 10 enlisted Soldiers and 10 NCOs are coming to Fort Sam Houston, Texas, on May 24 through 28 to compete for the prestigious title of SWRO IMA Soldier and NCO of the Year.

SWRO IMA Command Sergeant Major Kenneth C. Fyffe said, "These Soldiers are representing the best of an outstanding group of Army professionals." Fyffe also acknowledged the competition isn't going to be easy.

Fyffe said they were going to do the competition in phases. The Soldiers will face an Army Physical Fitness Test and meet height and weight requirements. The will also take a written test; write an essay on a subject that won't be identified until just before the event; perform a "hands on task" (such as the assembly and disassembly of an M-16); day and night land navigation and finally face a formal military board.

From this competition, the winners will compete at the next level against their peers from other IMA regions.
Winners of the
Headquarters IMA challenge will then compete at the National Capitol
Region and then possibly at the Department of the Army level.

According to Fyffe, Fort Sam Houston Garrison Command Sgt. Maj. Johnny Gray and his staff are the real hosts of the competition. "They are doing an outstanding job getting everything ready for the SWRO IMA Board. They are the Soldiers who are making it happen," Fyffe said.

Fyffe also noted that boards,

such as this one, are vital in enhancing career developments of not just SWRO IMA Soldiers and NCOs, but all Soldiers.

The competition will conclude on May 27, with a luncheon at the Fort Sam NCO Club to honor all the Soldiers who competed in this year's event.

Source: SWRO IMA news

# MEDCOM NCO and SOY Recognition Banquet May 20

U.S. Army Medical Command's Noncommissioned Officer and Soldier of the Year Recognition Banquet will be held on May 20, 6 p.m. at the Fort Sam Houston NCO Club. The cost is \$23 per person and tickets may be purchased from the Army Medical Department Center and School and Brooke Army Medical Center command sergeants major or their designees. Tickets are limited, so purchase them early.

## Blood is the fluid of life

The BAMC Blood Bank is running critically low of O Negative blood.

Akeroyd Blood Donor Center is reaching out to you for your support to accomplish a mission for life.

Contact the Donor Center to lend a helping hand. To donate blood now, call the Akeroyd Blood Donor Center at 295-4655 or 295-4989.



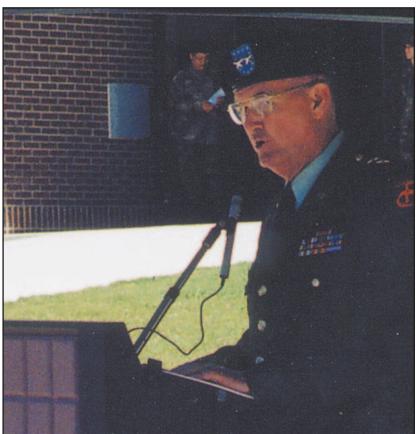
## New Rudder U.S. Army Reserve Center honors World War II hero

The Texas A&M Corps of Cadets Volunteer Ross Honor Guard provides a saber arch for the arrival of the official party during U.S. Army Reserve Training Center dedication ceremony. The new facility was dedicated in honor of the late Maj. Gen. James Rudder, a graduate of Texas University, A&M who served 10 years as the president of the universifollowing retirement.



Photos by Phil Reidinger





(Top) Maj. Gen. James Sholar, commander 90th Regional Support Command, summarizes the career and contributions of Maj. Gen. James Rudder, who led the 2nd Ranger Battalion during the unit's assault of Pointe du Hoc during the Normandy beach landings.

(Left) Soldiers assigned to 90th Regional Readiness Command units raise the national flag for the first time during the dedication ceremony of the new U.S. Army Reserve Training Center.

(Below) Soldiers assigned to the 90th Regional Readiness Command represent the members of various units who will use the new training facility located on Harry Wurzbach Road.



## 217th Transportation Company returns home to a warm welcome

By Spc. Valerie M. Palacios 345th Mobile Public Affairs Detachment

As Fiesta week in San Antonio ended under rain and cloudy skies, a clear morning and familiar smiling faces welcomed the Soldiers of the 217th Transportation Company, following their deployment to Iraq since February 11, 2003. The company returned to Fort Hood from Iraq on April 21and then to San Antonio on April 27.

The company of heavy equipment transporters received a more formal welcome home on the morning of April 28 with a formation in front of unit's headquarters, the Gen. Richard G. Stilwell U.S. Army Reserve Center. The Soldiers arrived with their families and loved ones to a room filled with smiles, hugs and handshakes in support of their hard work and effort.

The company was deployed to Iraq for a little more 365 days. They were sent along with units from other states to work together in missions, which included transporting tanks and heavy equipment throughout Iraq. During these missions, the company sent 10 to 15 vehicles at a time and returned to their home station. They were faced with whatever obstacle came across their paths and experienced what most of us only see or read in the local media.

"While on the road, we never knew what we were going to encounter, we never knew what we would face and didn't know what to expect, except to be prepared," explains Sgt. 1st Class Donna Miranda. These Soldiers saw first-hand, the conditions of living in a third world country, in poverty and disaster.

The news of their deployment was not really a surprise to these Soldiers, who knew they are considered a priority unit and who



Photo by Phil Reidinger

Families and Fort Sam Houston activities such as Eisenhower Bank displayed signs and posters during the ceremony at the 90th Regional Readiness Command headquarters officially welcoming 217th Transportation Company Soldiers home from Iraq.

had been deployed to Saudi Arabia previously during Operation Desert Shield.

At the same time, the family members had a little different perspective upon hearing the news. Like Viola Gutierrez, proud and supportive wife of Sgt. Joe Gutierrez, who said, "I felt sad, depressed a little bit, and worried most of all, but I managed to overcome that." She added, "he's well experienced in everything and he's been in the military for so long, so I knew he would be in good hands." Upon notification of deployment, Sgt. Eric Antu said, "I was scared, anxious, happy to serve my coun-

try, and had mixed emotions."

Days and days went by with little or no contact with their families, due to lack of communication methods in Iraq. This problem left many families back at home worried and in a state of suspense. The Soldiers of the 217th Transportation Company also thought a lot about their families at home, but they had plenty of work to keep them occupied.

Overall, the Soldiers seem to have learned a lot through their experience in a war-torn country. While they were in Iraq, they witnessed the onset of the war, the aftermath of war, the recovery and improved conditions. Then there was more war and resistance and unfortunately, it led to worse conditions.

(Right) Soldiers deployed since February 11, 2003 meet family members at the 90th Regional Readiness Command headquarters. The unit re-deployed to Fort Hood and then returned to San Antonio in two groups.

Miranda believes the problems arise from a few cities with resisting little regimes. She says these regimes have very strong beliefs, just as we do, because of the way they are raised. Miranda went on to say "they wouldn't let go of what they believed in, so now we're faced with them resisting and causing more problems."

When told they were going to be sent back home, Miranda said, "we were very excited, that was the best news we had ever heard." Returning to San Antonio also has Antu in good spirit as he proudly says, "I feel like the American hero everybody talks about on TV, it feels good."



Photo by Spc. Valerie M. Palacios



Photo by Phil Reidinger

(Above) Retired Maj. Gen. Elvin Schofield, Texas state coordinator of the Employer Support for the Guard and Reserve program and former commander of the 90th Regional Readiness Command, thanks the Soldiers and their families for a job well done in support of Operation Iraqi Freedom.

(Right) Soldiers assigned to the 217th Transportation Company stand formation prior to the official command reception for them and their families. The unit was deployed for more than a year moving tanks and heavy equipment throughout Iraq.



Photo by Phil Reidinger

## Four retire after a century of service to the nation

In a combined retirement ceremony held at MacArthur parade field April 29, the following announced their retirements following a combined 97 years of service the nation:

Col. Richard A. Hall, Booke Army Medical Center, Fort Sam Houston, Texas retired following 27 years of military service effective May 1.

Hall was commissioned as a 1st lieutenant in the U.S. Army Reserve on July1, 967. After completing medical school training at Tulane University Medical School and surgical training at University of Tennessee, he join the U.S. Army in 1976.

After completing AMEDD Officer Basic Training at Fort Sam Houston, Texas, his first assignment was at the Medical Station Hospital in SHAPE, Belgium, as a Staff General Surgeon. His next duty assignment was at Silas B. Havs Army Community Hospital at Fort Ord, Calif. While in this assignment he served as the PROFIS Commander of the 629th Clearing Company and deployed with his unit on REFORGER in the Federal Republic of Germany in 1980.

In 1983, Hall was reassigned to Womack Army Community Hospital as chief, Department of Surgery. In October of that year he deployed with the 307th Medical Battalion, 82nd Airborne Division, on Operation Urgent Fury to the island of Grenada where he served as chief surgeon.

In 1990 he was assigned to

the U.S. Army Health Services Command at Fort Sam Houston, Texas, as a surgical staff officer, and then as chief of the Consultant Division. In 1994 he was reassigned to Brooke Army Medical Center as Staff General Surgeon and in January 2000 assumed the duties of chief of the General Surgery Service. While assigned to Brooke Army Medical Center, he also served as PROFIS Commander of the 21st Combat Support Hospital at Fort Hood, Texas, and then as PROFIS chief of Professional Services and Chief of Surgery of the 228th Combat Support Hospital.

His military education includes the AMEDD Officer Basic Course, the Combat Casualty Management Course, Airborne School, and graduated from the Command and General Staff College with honors.

Hall's military awards and decorations include the Bronze Star Medal, the Meritorious Service Medal (5th award), the Army Commendation Medal, the Army Achievement Medal (3rd award), the National Defense Service Medal (3rd award), the Armed Forces Expeditionary Medal, the Armed Forces Reserve Medal (2nd award), the Army Service Ribbon, and the Overseas Service Ribbon. He also holds the Combat Medical Badge, the Parachute Badge, and is a member of the Order of Military Medical Merit.

Lt. Col. Floyd D. Williams, U.S. Army Garrison, Fort Sam Houston, retires following 29 years of distinguished military service effective June.

Williams is a distinguished military graduate from the ROTC program at the University of Iowa. He was commissioned as 2nd lieutenant of the Military Office in Nuremberg, Germany were he served as the executive officer. He was reassigned to the 793rd MP Battalion where he commanded the 595th MP Company and then served as the Battalion S-3.



Photo by Edward Dixon

Left to right: Lt. Col. Jeremy Olson, Sgt. First Class Gloria A. Scott-Bert, Lt. Col. Floyd Williams, and Col. Richard Hall celebrate their retirement with family and friends at the post ceremony on April 29.

Police in July 1978. He served in Army units in the United States, Germany and Saudi Arabia prior to receiving his commission,

Williams enlisted in the U. S. Marine Corps and served in the 2nd Battalion, 10th Marines, 2nd Marine Division at Camp Lejeune, N.C. He also served for two years in a light infantry company of the 205th Infantry Brigade, U.S. Army Reserves.

His initial assignment was to the 543rd Military Police Company, Fort Knox, Ken., where he served as a platoon leader, company executive officer and commander of the Installation Confinement Facility. Following this assignment and

attendance at the MP Officer Advanced Course, he commanded the 978th MP Company, Fort Bliss, Texas. He also served as a Squadron Adjutant and as the S-3 for the Support Squadron, 3rd Armored Cavalry Regiment.

In 1985 he was assigned to the Criminal Investigation Division Field Williams returned to the States to serve as the deputy Provost Marshal, 1st Cavalry Division, Fort Hood, Texas. In 1990 he was reassigned to the 89th Military Police Brigade as the Assistant S3 and deployed to Saudi Arabia for Operations Desert Shield and Storm. Upon returning to the states he assumed duties as the Brigade S-3.

From 1993 to 1995 he was assigned to Joint Task Force Six with duty as the Operations Officer for the Joint Counter Drug Operations Element located at Fifth U.S. Army, Fort Sam Houston, Texas. Following this he was assigned to the U.S. Disciplinary Barracks, Fort Leavenworth, Kan. as deputy

commandant/chief of staff. Upon completion of this tour he served as an instructor at the Command and General Staff College teaching in the Combined Arms and Services Staff School.

In May 2001 he was reassigned to Fort Sam Houston and served as the chief, Support Operations Branch, Department of Healthcare Operations, AMEDD Center and School. Williams retires from his latest assignment as the commander, Law Enforcement Command and Provost Marshal of Fort Sam Houston, Texas, which he assumed in May 2002.

His education includes a Bachelor of Arts degree in Criminal Justice from Mount Mercy College in Cedar Rapids, Iowa and a Master of Arts degree in Criminal Justice and Corrections from the University of Iowa. He is a graduate of the Military Police Officer Basic and Advanced Courses and the Command and General Staff College. He has also earned the Army Ranger Tab and the Army Parachutist and Air Assault Badges and the German Army's Paratrooper Wings.

His awards and decorations include the Bronze Star Medal, the Defense Meritorious Service Medal, the Army Meritorious Service Medal, the Army Commendation Medal, the Army Achievement Award, and the Military Outstanding Volunteer Award.

Williams is married to Denise Miner-Williams, a retired Army

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## Retirees -

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Nurse, and has three children.

**Lt. Col. Jeremy L. Olson,** 12th Brigade, Western Region (ROTC) San Antonio, Texas retires following 21 years of military service effective October 1, 2003.

Olson completed the Army Medical Department Officer Basic in November 1982 and was assigned to the Academy Brigade as a cadre member. He was subsequently assigned to the 307th Medical Battalion, 82nd Airborne Division, Fort Bragg, N.C., in 1984, where he served as a medical platoon leader and executive officer of B Company, the Assistant S-3 and Battalion Adjutant. Olson was assigned to the Logistical Support Unit, Multinational Forces and Observers, Sinai Egypt in 1986.

Upon completion of his overseas tour in 1987, he attended the AMEDD Officer's Advanced Course and was assigned as the Medical Company commander, 201st Forward Support Battalion, 1st Infantry Division (Mechanized), Fort Riley, Kan. Olson successfully deployed his medical company in support of the 2nd Brigade Combat Team during operations Desert Shield and Desert Storm. After company command, he was assigned as the Executive Officer of the 16th MASH.

Olson returned to Fort Sam Houston in 1993 as an instructor in the Field Medical Support Branch, Healthcare Operations and Class Advisor for the AMEDD Officer's Advanced Course. He also served as the chief, Test Division, and Army Medical Department Board responsible for coordinating and directing operational test activities for field medical equipment under consideration for use in the future Army Medical Department.

He was transferred to Fort Leavenworth, Kan. in 1996, where he attended the U.S. Army Command and General Staff College. Afterwards he was assigned to the Division Support Command, 101st Airborne Division (Air Assault), Fort Campbell, Ky., where he served as the chief, Division Medical Operations Center and later as the executive officer,

426th Forward Support Battalion.

Olson was assigned to the Military
District of Washington in 1999 and served
in the Healthcare Operations Directorate,
Office of The Army Surgeon General as a
Force Structure and Force Staff Actions
Officer. In this arena, Olson coordinated
staff actions with Headquarters,
Department of the Army, including coordinating and staffing Operational
Requirements Documents for automated
systems and staffed the AMEDD input to
the Program Objective Memorandum.

His final assignment was as the professor of Military Science, University of Texas at San Antonio.

His military education includes the Army Medical Department Officer Basic and Advanced Courses, the Combined Arms and Services Staff School, the Command and General Staff College, the Combat Casualty Care Course, the Support Operations Course, the Joint Medical Planner's Course, the Faculty Development Course and the Master Fitness Trainer's Course.

His military awards and decorations include the Bronze Star Medal, the Meritorious Service Medal with four Oak Leaf Clusters, the Army Commendation Medal with two Oak Leaf Clusters, the Army Achievement Medal with Oak Leak Cluster, the Meritorious Unit Citation, the Army Superior Unit Award, the National Defense Service Medal, the Southwest Asia Service Medal, the Kuwaiti Liberation Medal, the Multinational Forces and Observers Medal, the Army Service Ribbon and the Overseas Service Ribbon. His decorations also include the Senior Parachutist Badge, the Air Assault Badge, the Army Staff Identification Badge, the Expert Field Medical Badge and the Combat Medical Badge.

He is married to the former Julie Marie DeFiori and they have three children.

Sgt. 1st Class Gloria A. Scott-Bert, U.S. Army Garrison, Fort Sam Houston, Texas retires after 23 years of military service effective June 1. Scott-Bert completed Basic Combat Training at Fort Jackson, S.C. Her Advanced Individual Training as a chaplain assistant was completed at Fort Monmouth, N.J. Her first duty assignment was Eisenhower Army Medical Center, Fort Gordon, Ga., where she worked as the NCOIC of the Department of Pastoral Care in 1984. She was then assigned to the 8th Army Post Chaplain Office as a chaplain assistant and reassigned as NCOIC of the Family Life Center in Hannam Village, Seoul, Republic of Korea in 1986.

Upon completion of her overseas tour in 1987, she was assigned to 551st Signal Battalion, Fort Gordon, Ga., with subsequent assignment in the Battalion Orderly Room as the Operation Sergeant, mailroom supervisor (71L). In 1989 she was assigned to 442nd Signal Battalion as instructor at the Computer Science School, Fort Gordon, Ga. In 1989, after successful completion of the Computer Programmer/Software Analyst Course, 74-F, Scott-Bert was assigned as NCOIC of computer programmers at 17th Data Processing Detachment in Weisbaden, Germany.

In 1993, Scott-Bert was assigned to the Fort Gordon, Georgia Family Life Center, after promotion to staff sergeant with subsequent assignment as NCOIC of the Post Chaplain Office, Fort Gordon, Ga. After serving as the Installation NCOIC, she was assigned to Landstuhl & European Regional Medical Center Hospital Chaplain Office, were she served as NCOIC, training NCO, and platoon sergeant. In 1998, upon completion of ANCOC, she was assigned as NCOIC of the Installation Chaplain Office, HHC, Special Activities, Fort Belvoir, Va. In 2000, she was assigned to 8TH Personnel Command (PERSCOM), Seoul, Republic of Korea where she served as the NCOIC of the 8th PERSCOM Brigade Chaplain Office with subsequent assignment as the 56M's Personnel Assignments Manager and

Trainer. Upon completion of her tour in the Republic of Korea, she was assigned to Eisenhower Army Medical Center, Medical Holding Company, where she served as platoon sergeant for the medical holding company. In 2003, she was assigned to Headquarters Company, Special Troops Battalion, Fort Sam Houston, Texas, where she was assigned as the NCOIC of the Installation Chaplain Office.

Scott-Bert's military education includes the Primary Leadership Development Course, the Leadership & Management Development Course, the Basic Noncommissioned Officer Course, the Area NBC Officer Defense Course, the Total Army Instruction Training Course, the Advanced Noncommissioned Officer Course, and the Non-appropriated Chaplain Fund Management Course. She successfully completed the Chaplain Assistant Course-56M, Administrative Specialist Course-71L, Computer Programmer/Software Analyst Course-74F, and her secondary is a Medical Specialist-91B.

Her civilian education includes an Associate of Business Administration degree from Phillips Business College, Augusta, Ga., Bachelor of Science degree in Criminal Justice from Brenau University, Gainesville, Ga., and a Master in Public Administration with a concentration in Justice Administration from Troy State University, Troy, Alabama.

Her military awards and decorations include the Meritorious Service Medal with three Oak Leaf Clusters, the Army Commendation Medal with five Oak Leaf Clusters, the Army Achievement Medal, the Good Conduct Medal, the National Defense Service Medal, the NCO Professional Development Ribbon, the Overseas Service Ribbon, the Army Service Ribbon, and the Driver's Badge.

Scott-Bert has four children and one granddaughter.

### FSH Rainbow Kids ready to rock and roll and perform for local audiences

The newly formed Fort Sam Houston Rainbow Kids are ready to entertainment local crowds of all ages. Fourteen children, who range in age of five through 11 years-of-age have taken their family-style show on the road receiving standing ovations from hundreds of spectators during Fiesta and the Bulverde Spring Fest where they "wowed the audiences."

This high energy-performing group is dedicated to presenting professional quality, family-style entertainment in a variety of settings. The music includes routines from the 1920s, 30s, 40s, 50s, 60s, Broadway, some modern and country and western. The non-profit group presents free programs that range from 30 minutes to more than an hour at schools, churches, community and military events, youth and senior centers, shopping malls, and at patriotic events. The shows include full costume and a professional sound system.

Member of the group include: Giovana "Gigi" Arecchi, 9; Talia Howard, 10; Emily Mazak, 7; Katie McHargue, 11; Liam Merekle,

11; Amanda Miller, 10; Jacquelyn "Jackie" Miller, 5; Perry Moore, 11; Amy Mulkey, 10; Cady Mulkey, 6; Jovan Murray, 10; Luisa Rodriquez, 10; and Ta'Queria Weary, 7.

Many past performers have gone onto professional careers in movies such as "Poltergeist" and "Annie," on television shows such as "Happy Days," "The New Dick Van Dyke Show," and "Webster", and on stage "Opryland" and with country and western stars. In addition, the Osan group won the 1991 Korea Star Search for best performer under the age of 13 and best performing group for 13 years and under. The group has also done 21 television specials in the format of the old ABC After School Specials.

You can view the Rainbow Kids Web site at: www.geocities.com/azrainbowkids. For more information or to schedule a performance, contact Ron Joy at (830) 980-7786 or (210) 221-1043 or via e-mail at: rj96707@yahoo.com.



The Fort Sam Houston Rainbow Kids wowed the crowd with music and dance routines from the 20s, 30s, 50s and 60s, Broadway, modern and Country Western during the Fiesta celebration held April 18.

## Youth Happenings

Wanted: Arts and Crafts instructor - Youth Services and School Age Services are looking for an Arts and Crafts instructor for the summer. This paid position would be for four 50-minute classes Monday through Friday and two 50-minute classes on Saturdays. Ages of the youth range from 6-18 and are all different skill levels. All materials and supplies will be provided but the planning must follow the coordinated schedule of summer camp weeks. If you are interested, call the Youth Center at 221-3502

Mother's Day Cards - On Saturday from 4-5 p.m., we will be making Mother's Day cards as an arts and crafts project. Come and design your own special tribute to mom. We have all the supplies, glue and glitter necessary.

Cooking Class - Enjoy healthy snackin' with the Youth Services staff. We will be making Strawberry Smoothies on Friday, May 7, 5-6 p.m. If you like strawberries then you will Love these smoothies

**Teen Council Meeting** - There will be a Teen Council meeting on Saturday, May 8, 5-6 p.m. All Teen Council members must be present. Summer plans will be discussed and the dance will be coordinated.

Aerobics - Youth Services is offering a no cost low impact aerobics class form 6:30-7:30 p.m. on Wednesday and Thursday. We will meet in the YS Gym and get in shape for the summer. Parent and kids are invited to attend. For information, call 221-3502.

**Teen Summer Discovery Camp** - Registration for the Teen Summer Discovery Camp is going on for youth

ages 14 and up. This program is for those who are too old for camp and too young to have a job. During this camp, youth will volunteer at a work site 2 half days and the other day will hike, swim, and travel across South Central Texas.

This volunteer time in a work site gives job experience for each individual. There will be tubing on the Guadalupe River, Swimming in Canyon Lake, trips to career interest areas and lots more. The cost for this camp will be \$65 per week and will include breakfast, lunch and a snack. For information, call 221-3502.

Summer Camp for Middle School - Registration for Summer Escape camp is ongoing from now until May 12. This is camp from Middle school youth going in to 6th grade in the fall and up. The cost will be \$65 per week. Cost include breakfast, lunch and snack. We will be swimming, bowling, doing sports, using the computer lab, going on field trips weekly, riding horses, doing science projects and more. For information, call 221-3502.

Cheerleading Clinic - Youth Services will be offering a Cheerleading Clinic for both girls and boys ages 9-15 on Mondays from 6:30-7:30 p.m. at the Youth Center, Bldg. 1630. The Clinic is ongoing through July 26. The cost will be \$15 per month per person. If you are interested in learning the principals and mechanics of Cheerleading, having lots of fun and making new friends, join us in this Cheerleading clinic. Registration will be held at the Youth Center so come on and register now. For information, call 221-3502.

**Track Registration** - Track Registration is ongoing at the Youth

Center. The season has just begun and there are still a few spaces for those who are interested in running track. The cost will be \$60 for military and DoD civilians and \$70 for non-military.

**French Fry Friday** - Every Friday is French Fry Friday. Fries are \$.50 for an order of seasoned or regular fries. Come on by and eat with us and support the Youth Center.

**Exploring Life for Middle School** students - Youth Services offers an after school program for Middle School youth grades 6-9. This program is held Monday through Friday after school until 6 p.m. YS will pick the child from the elementary or the Jr./Sr. High School and take the child to the Youth Center, provide a snack, work on homework, participate in clubs and participate in fun innovative projects that include the 4-H club, a photography club, a Computer Tech club and others. Work will include areas of interest that both the parents and the students like. This program is free for youth registered with Child and Youth Services at an annual fee of \$18. For information, call 221-3502

Youth Service Volunteers - YS is always looking for volunteers for assisting with the youth programs. Coaches, computer skilled people, crafty people and those that just care about kids are needed. If you have a special interest or hobby that you would like to share with kids, you can share it at the Youth Center. For information, call the Youth Center at 221-3502.

**Saturday Open Recreation** - Open recreation for youth in grades 1-12 is held at the Youth Center on Saturdays.

Activities include computer lab, arts and crafts, basketball, pool, ping-pong, movies, and more. Youth must be registered with Child and Youth Services to be eligible. For information, call 221-3502. Open recreation hours are youths in grades 1-5, 3-8 p.m.; youths in grades 6-8, 3-10 p.m.; and youths in grades 9-12, 3-11 p.m.

Alternative Dance Classes - Join the Middle School and Teens for Alternative Dance Class Tuesdays from 5-6 p.m. Dance types include salsa, hip-hop, and country.

Parents Wanted - Parents are needed at the Youth Center every third Saturday of the month from 6-9 p.m. to join the Youth Center Staff team and play basketball against the teens and middle school students. Parents and staff try to out maneuver the teens and score a few baskets. Come join us in a game or two followed by refreshments.

**Tae-Bo** - Join the YS staff as they conduct Tae-Bo Classes every Wednesday from 4:30-5 p.m. Spring is just around the corner so come get in shape with us.

Saturday Shuttle - YS offers a
Saturday shuttle to and from the Youth
Center. There is no cost to this shuttle but
parents of children 9 and under must wait
for the van and sign them into and out of
the van with the YS staff member. The
Shuttle Schedule is as follows:

3 p.m. - Leave the Youth Center 3:07 p.m. - Gorgas Circle (picnic tables)

3:10 p.m. - Schofield/Dickman on Schofield

3:15 p.m. - Reynolds and Dickman on Reynolds

3:20 p.m. - Officer's Club tennis Courts

3:25 p.m. - Artillery Post Road at Bus Stop

3:30 p.m. - Easley/Infantry Post Bus Stop 660

3:42 p.m. - Patch Road (playground) 3:46 p.m. - Patch Road Shoppette Parking lot

3:50 p.m. - Foulois/Scott Road Harris Heights

3:54 p.m. - Forage/Foulois

The return Shuttle will leave the Youth Center at 7:30 p.m. for those in 5th grade and below. There is also a shuttle that leaves at 9:30 p.m. for those in Middle School and at 10:30 p.m. for those in 9th grade and up. The shuttle service is only for youth who live on Fort Sam Houston.

## Cole honors "Principal's Students of the Month"



Each month, Cole Jr./Sr. High School recognizes one student from each grade level for his/her outstanding attitude, citizenship, and overall contribution to the school. Their teachers nominate the students and then the faculty of each grade level selects one student. The recipients for May are from left: Shaunteia Johnson. grade: Brandon Guymon 7th grade; Lisa Ahrens, 12th grade; Michelle McClendon, 9th grade; Trae Cortinas, 11th grade; and Jennifer Gibson 8th grade.

**Courtesy Photo** 

# Cole Latin students win national awards

In March, more than 131,000 students from all fifty states and nine foreign countries, including Australia, Canada, England, Italy, Japan, New Zealand, Poland, Switzerland, and Zimbabwe, took the National Latin Exam, sponsored by the American Classical League and the National Junior Classical League.

The test, offered at levels I through VI, consists of questions about vocabulary, grammar, history, literature, and English derivatives. Each test also contains a Latin reading passage to test reading comprehension. Students compete against other students at the same level. Those students who achieve high scores on the National Latin Exam receive a variety of certificates and medals.

Eleven students at Robert G. Cole Jr./Sr. High School received the following awards:

#### Latin I Exam:

	Jonathan Gore	Summa Cum Laude	Gold Medal		
	Carla Cartagena	Summa Cum Laude	Gold Medal		
Andrew Santee		Maxima Cum Laude	Silver Medal		
	Jonnalyn Price	Maxima Cum Laude	Silver Medal		
	Jordan Maney	Magna Cum Laude	Certificate		
	Johani Johnson	Cum Laude	Certificate		
	William Davis	Cum Laude	Certificate		
	Patrick Newcomer	Cum Laude	Certificate		
Latin II Exam:					
	Allison Erickson	Summa Cum Laude	Gold Medal		
Latin I	Latin III Exam:				
	John Luciano	Summa Cum Laude	Gold Medal		
	Elizabeth Bagg	Maxima Cum Laude	Silver Medal		

"I am very proud of the students in my Latin class. Their hard work, commitment, and motivation to learn Latin have paid off," states Ron Tullius, Latin teacher. "The students will benefit in their everyday lives from understanding the language of Latin."

### Fort Sam Houston Independent School District

#### **Weekly Campus Activities**

#### May 9 - 15, 2004

Fort Sam Houston Elementary School Friday, May 14

- Spirit Day

Robert G. Cole Jr./Sr. High School Sunday, May 9

- UIL Choir State Solo and Ensemble at Texas State University San Marcos, TBA

#### Monday, May 10

- AP Biology Exam in Rifle Range, 8 a.m.

#### Tuesday, May 11

- Grades 7 and 8 State-Developed Alternative Assessment (SDAA) II Reading Field Test in Rifle Range, Periods 1 – 3

- Art Show in Moseley Gym, 7 to 8:30 p.m.

#### Wednesday, May 12

- Grades 7 through 10 State-Developed Alternative Assessment (SDAA) II Math Field Test in Rifle Range, Periods 1-3
- Honor Society Induction in Fine Arts Building, 3:45 p.m.

#### Thursday, May 13

- Junior High Band Spring Concert at Evans Auditorium, 6:30 p.m.
- Varsity Band Spring Concert at Evans Auditorium, 8 p.m.

#### Friday, May 14

- UIL State Track Meet at UT at Austin, TBA

#### Saturday, May 15

- UIL State Track Meet at UT at Austin, TBA



Courtesy Photo

The students in Ron Tullius' Latin class show off the medals they received in the National Latin Exam competition. Back row from left Ron Tullius, Latin teacher, William Davis II; middle row, Jonnalyn Price, Allison Erickson, Elizabeth Bagg, John Luciano, Jonathan Gore; front row, Carla Cartagena, Johani Johnson. (Not pictured Jordan Maney, Newcomer and Andrew Santee.)

## Child and Youth Services Central Registration offers many services

## CYS Parent Advisory Council Meeting, May 18

CYS Parent Advisory Council meeting will be held May 18, 11:30 a.m. to 12:30 p.m. at the Child Development Center, 2530 Funston. Lunch will be provided. A Family Advocacy educator will be speaking on child abuse prevention. PAC meetings are every 3rd Tuesday of the month. This is CYS parents' opportunity to learn of upcoming events, meet staff and address concerns.

#### **Register for Summer Camp**

Summer Camp opportunities for children entering 1st through 5th grade are now available. To register, call Central Registration at 221-4871 or 221-1723. Parents must provide proof of income,

updated shots and physicals. Spaces fill quickly.

3-Day Part Day Preschool Program on hold - The 3-day Part Day Preschool program has been placed on hold due to lack of enrollment numbers. If you are interested and have questions concerning this program, notify Central Registration to place your name on a list. Fees range from \$151-\$200 per month and will be assessed by calculating total family income.

Family Child Care offers certified childcare - The FCC home-based childcare for children ages 4 weeks to 12 years on and off post with certified childcare providers. Types of care are full day, part day, before and after school care, hourly care, and extended hour care and long-

term care. Referral information and child registration are available at Child and Youth Services Central Registration, 221-4871 or 221-1723.

FCC providers sought - The FCC is looking for family members interested in becoming certified FCC providers to offer home based childcare. There is a no-cost start up plan. For information, call 221-3820 or 221-3828. The next FCC Orientation Training is May 10-14, 8 a.m. to 4 p.m.

Wait List status - If your child's name is on the Wait List for full day care at the Child Development Center, check the status of the name on the wait list from the day you complete the form; otherwise your child's name will be purged from the list.

To check the status, call Central Registration at 221-4871 or 221-1723.

**Instructional classes offered** - If you are interested in instructional classes such as Tae Kwon Do, piano or gymnastics, call 221-4882, 221-4871, 221-1723.

After School and Weekend
Recreation - School Age Services (1st-5th grade) offers after school and weekend open recreation opportunities and after school hourly care options. Hourly and open recreation must be reserved in advance by calling School Age Services at 221-4466. Children must be registered through Central Registration prior to utilizing the School Age Program. To register, call Central Registration at 221-4871 or 221-1723.

## **MWR Recreation and Fitness**

Post Garage Sale rescheduled -The MWR Post Garage Sale, which was canceled due to rain, has been rescheduled for Saturday, May 22 from 7 a.m. to 1 p.m. at the MacArthur Pavilion parking lot, corner of Harry Wurzbach and Stanley Road. To participate in the garage sale you must have a valid Department of Defense ID card. To register, call 221-2926 or 221-2307. To reserve tables, chairs and canopies, call the Outdoor Equipment at 221-5224 or 221-5225.

**Check out the Library** - This month the library celebrates Asian Pacific Islander Month with a display of books and materials. The library also offers a variety of materials and equipment including: magazines, newspapers from major cities, informational VHS videos, art prints, tapes and CDs, ethnic pictures, and study guides for CLEP, ASVAB, college entrance, post office and civil service

Mothers' Day 5K/10K - Join us in celebration of mom's Sunday, May 9 for the Mother's Day 5K/10K all are invited to attend but moms receive a special registration fee of \$6 until May 7 (Military \$12: General \$15: after May 7 \$20 all). There will be a special Stroller division with awards given for 1st, 2nd and 3rd place. The race starts at 7:30 a.m. from the Brigade Gym. Download a registration form online at www.samhoustonmwr.com by or pick one up from the Jimmy Brought Fitness Center.

**Natural Body Building Show - A** natural body building show will be held Saturday, May 15 at the Jimmy

Brought Fitness Center in conjunction with the Fitness for Your Health Office. Weigh-in is between 9:30-10:30 a.m. and start time is 11 a.m. The cost is \$25 and participants will receive a T-shirt. Call Lucian Kimble at 221-2020.

Learn to Swim - Sign up now for the Learn to Swim Program at the Aquatic Center. Four sessions are available: June 1-11; June 21-July 2; July 12-23; Aug. 2-13. Classes are held at the Aquatic Center Bldg. 3300. Class times will be assigned during registration. Get a \$5 discount for signing up the same child for another session! Cost: 1st child \$40 per session; 2nd child in same family \$35 per session; 3rd child \$30 per session. Call 221-3185 to sign up, pick up an application at the Jimmy Brought fitness center, or download a copy at www.fortsamhoustonmwr.com by following the recreation link to the aquatic center.

**Summer Youth Horsemanship Program** - Is your child interested in learning how to ride a horse? Then the youth horsemanship camp may be just what you're looking for! Students 7-18 of age will learn proper riding forms as well as a variety of horse care techniques. Eight 5-day sessions are available from June-August and cost is \$175. For information, call 224-7207.

**Archery Lessons at the Indoor** Archery Range - Contact the Outdoor Equipment Center at 221-5225 for individual lessons. Award winning archer Skip Dawson provides instruction at various levels from expertise, novice to expert. Children are welcome, however, a parent must accompany children under the age of 18.

**60 Days of Fitness** - A motivating fitness and weight loss program to help you safely lose 15 pounds in 60 days using a point system. This selfpaced program requires you to work out 45 of 60 days and includes a seven-page fitness assessment, body fat analysis and body measurements. You will also attend two 30-minute weight loss classes. Cost is \$20, which includes a T-shirt. For information, call Lucian Kimble at 221-2020.

New Weight Loss Classes - The Fitness For your Health Office (located in the Jimmy Brought Fitness Center) is offering new times for weight loss/ nutrition classes. Half an hour classes taught by a certified nutritionist are offered Tuesday, 10 a.m. and 5 p.m. and now on Thursday, 7 a.m. and 11:30 p.m.

MWR Ticket office at NCO Club - The MWR Ticket Office is now located in the NCO Club. Hours of operation are Tuesday through Friday. 10 a.m. to 5 p.m. and Saturdays, 10 a.m. to 2 p.m. Tickets can be purchased at the Cashier's Cage in the main entrance of the club. We currently have the following tickets available at great discount prices: SeaWorld, Schilterbahn, Walt Disney World, Ripley's Wax Museum, Space Center (Houston), Splashtown, Natural Bridge Caverns, Natural Bridge Wildlife Ranch, IMAX, San Antonio City Tours, and Texas Treasure Casino Cruises. For information, visit the MWR Web site at www.fortsamhoustonmwr.com/bod/mwr ticket office.as p or call 226-1663.

## **Intramural Softball Standings**

April 29 Team Pool A		Win	Loss	
Co C Acad Bn		4	0	
BAMC		3	1	
5th Army		2	2	
Co B Acad Bn		1	3	
232nd Med Bn		1	3	
DFAS		1	3	
Pool B				
DMRTI		3	1	
Fire Departmer	nt	2	1	
LEC		2	1	
NMCRC		2	2	
HRBC		1	1	
USARSO		1	2	
USAMITC		0	3	
April 26				
BAMC	10	232nd N	Med	9
5th Army	22	DFAS		5
Co C Acad Bn	17	Co B A	cad	5
Fire Dept	10	LEC		9
NMCRC	23	HRBC		5
USARSO	13	DMRTI	[	8
April 28				
DMRTI	15	Fire De	pt	8
NMCRC	24	USAM	•	6
DFAS	15	BAMC		4
Co C Acad Bn		232nd N	Med Bn	6
5th Army	8	Co B A	cad Bn	7
,				

## AUSA to host 'For the Soldier' golf tournament, May 17

The San Antonio Alamo Chapter of the Association of the U.S. Army will host the annual golf tournament this year on May 17. This annual tournament is a great opportunity for business and community leaders to join the Fort Sam Houston community for a fun day on the golf course.

In June 2003, the Alamo Chapter of the Association of the United States Army held their 6th Annual "For The Soldier" Golf Tournament at the Fort

Sam Houston Golf Course. The Alamo Chapter expanded the event with a raffle for two round-trip VIP Southwest Airlines tickets and a Silent Auction. With the participation of 108 players, the chapter netted more than \$8,000.

In 2002, more than 120 corporate players helped AUSA raise \$5,000 that directly supported AUSA programs to recognize outstanding Soldiers.

tributed to the Guy S. Meloy Scholarship Fund.

Tournament proceeds have been directed toward supporting AUSA programs for Soldiers and their families at Fort Sam Houston, to include a larger contribution to the Meloy Scholarship Fund.

For information, call retired Command Sgt. Maj. Carlos Correa at 771-3514 or visit www.alamochapterausa.org.

## Additionally, the Alamo Chapter con-





www.ms-national-research.org Provided as a public service.

Believing that a cure

## **Intramural Golf Standings**

As of April 28				
Place Team Points				
1st	USARSO	82.5		
2nd	*BAMC #1	73.5		
3rd	BAMC #3	67		
4th	CPAC	59.5		
5th	VETCOM	59		
6th	Academy Battalion	58		
7th	CSPBO 57.5			
8th	Brew Crew	55		
9th	Bunker Busters 53.5			
10th	IMA	52.5		
11th	ITBC	50.5		
12th	Composite	44.5		
13th	GPRMC	40		
14th	DFAS	0		
*Commander's Cup Rep				

## **Intramural Bowling Standings**

As of April 29					
Plac	e Team	Win	Loss		
1st	Co B Acad Bn	50	14		
2nd	Team #6	38	26		
3rd	Wolf Pack	36	28		
4th	Strike Force	35	29		
5th	Sum Better then Others	34	30		
6th	DFAS Strike Kings	33	31		
7th	The Rolling Stoned	31	33		
8th	PAC MEN	27	41		
9th	Dry Uhump Express	24	44		
10th	1 Pin Standing	11	53		

## Post worship schedule

Main Post Chapel, Bldg. 2200, phone number: (210) 221-2754.

**Catholic Services:** 

4:45-5:15 p.m. - Confessions - Saturdays

5:30 p.m. - Mass - Saturdays

9:30 a.m. - Mass - Sundays

11:30 a.m. - Mass - Weekdays

Protestant Services - Sundays:

8 a.m. - Traditional Protestant 11 a.m. - Traditional Protestant

**Jewish Services:** phone numbers: (210) 379-8666 or 493-6660.

Fridays: 8 p.m. - Worship and 8:30 p.m. - Oneg Shabbat



#### **Dodd Field Chapel**, Bldg. 1721, phone

numbers: (210) 221-5010 or 221-5432.

Catholic Services - Sundays:

12:30 p.m. - Bilingual Mass

**Protestant Services:** 

5:30 p.m. - Contemporary Protestant - Sundays10:30 a.m. - Collective Gospel Protestant - Sundays9:30-11:30 a.m. - Women's Bible Study (PWOC) - Wednesdays, childcare is provided

#### AMEDD Regimental Chapel, Bldg. 1398,

phone number: (210) 221-4362.

**Troop Catholic Mass:** Sundays:

10 a.m. - 32nd Medical Bde. Soldiers

**Troop Protestant Gospel Services:** Sundays:

11:30 a.m. - 32nd Medical Bde. Soldiers

**Troop Protestant Service:** 

9 a.m. - 32nd Medical Bde. Soldiers





#### **FSH Mosque**, Bldg. 607A, phone numbers: (210)

221-5005 or 221-5007.

1:30 p.m. - Jumma - Fridays

10:30 a.m. - Children's Religious Education -

Sundays

7:30 p.m. - Adult Religious Education - Thursdays

## Brooke Army Medical Center Chapel, Bldg. 3600, phone number: (210) 916-1105.

#### **Catholic Services:**

8:30 a.m. - Mass - Sundays 11:15 a.m. - Mass - Sundays

11 a.m. - Mass - Weekdays

#### **Protestant Services:**

10 a.m. - Worship Service - Sundays Noon - Worship - Wednesdays



**232nd Medical Battalion Classroom**, Bldg. 1380, phone numbers: (210) 221-5005 or 221-5007. **Mormon Services:** 10:30 a.m. - Sundays

Web site: www.cs.amedd.army.mil/chaplain

# Officer Christian Fellowship Bible Study May 7

Maj. Gen. Robert L. Van Antwerp, president, Officer Christian Fellowship, and commanding general, Maneuver Support Center and Fort Leonard Wood, and commandant, U.S. Army Engineer School, Fort Leonard Wood, Mo., will be the guest speaker at the Officer Christian Fellowship Bible Study on Friday, May 7. Join the group for dinner at 6 p.m. at the home of Lt. Col. Bob Griffith, 1008 Gorgas Circle, and then hear Maj. Gen. Van Antwerp speak at 7 p.m.

For information, call Lt. Col. Griffith at 226-1295 or e-mail the grifgang@cs.com or call Chaplain Schlichter at 221-1968 or e-mail at david.schlichter@cen.amedd.army.mil.

# Mothers Day Catholic outdoor service

The Fort Sam Houston Post Chapel Office will conduct a community wide Mothers Day Catholic worship outdoor service on Sunday, May 9, 9:30 a.m. at the historic FSH Quadrangle.

# **Special Musical Event Grace Notes**

Sunday, May 16, 2004
Praise, Traditional, and
Contemporary Christian music
Living Waters Fellowship
At 5:30 p.m., Dodd Field
Chapel.

For more information, call Chaplain Duke at 221-0266 or Chaplain Conner at 221-6140.



## Next Fort Sam Houston Newcomers' Extravaganza set for May 25

Fort Sam Houston residents, especially newcomers to the Fort Sam Houston community are invited to the Newcomers' Extravaganza May 25 at 9 a.m. at the Roadrunner Community Center, Bldg. 2797 on Stanley Road.

This Extravaganza is the official "Newcomers' Orientation" for newly assigned personnel to Fort Sam Houston. Everyone—Soldiers, civilians, and family members—will have an opportunity to learn about Fort Sam Houston and San Antonio and participate in drawings, registrations, and social activities.

Attendance to the Newcomers' Extravaganza is mandatory for all permanent party in processing Soldiers in the rank of lieutenant colonel and below within 60 days of their arrival at FSH. Commanders and supervisors are encouraged to allow Soldiers and civilian employees administrative time to attend. Children are welcome and strollers are available along with special treats.

For additional information, call the Army Community Service Relocation Program at 221-2705 or 221-2418.

## San Antonio Missions to 'Salute Military Families'

By Margaret McKenzie Special to the News Leader

Five companies, General Mills, Kraft Foods, Force 3, Inc., Marconi Federal, and USAA will each sponsor a free night of baseball in a "Salute to Military Families" in the San Antonio area on May 18, June 16, July 14, Aug. 11, and Sept. 1. It is the sponsors way of saying "thank you" to San Antonio's military community. The companies have purchased reserved seat ticket vouchers to be distributed to military personnel and their families assigned to the city's four military installations.

Force 3, Inc., and Marconi Federal will lead off the "Salute to Military Families" on May 18, followed by General Mills on June 16, Kraft Foods on July 14 and Aug. 11 and USAA on Sept. 1. Special prize drawings will be conducted in conjunction with the Military Family Appreciation

Nights.

#### **Honorary Bat Boy Program**

As part of the program, the Honorary Bat Boy Program will be held again this year. Military dependents through age 12 will be selected by random drawings from registration boxes located at the Fort Sam Houston Library, the Jimmy Brought Fitness Center, Youth Center and School Age Services to become Kraft Singles Honorary Bat Boy. One winner will be chosen for each Friday and Saturday home game. The lucky winner will receive a T-shirt, Missions baseball cap, four tickets to the game, an opportunity to meet Missions Manager Dave Brundage, hang out in the Missions dugout prior to the start of the game and accompany Dave Brundage to home plate for managers meeting.

**USAA Savings Bonds** 

USAA will give away five \$100 sav-

ings bonds on Sept. 1. Winners need not be present to win. Entry boxes will be available on the installation for those who are not able to attend the games.

The San Antonio Missions will invite military youth baseball teams to shadow Missions players during the opening ceremonies each night.

Tickets to the Mission's games will be available one week prior to the game through the organization's sergeant majors, the Library, the Jimmy Brought Fitness Center, and School Age Services.

#### **Post "Salutes Military Youth"**

You could win a \$1,000 Savings Bond by entering an essay contest. Military youths are encouraged to write an essay not to exceed 1,000 words on the topic of "The Person I Admire." The essay contest is open to any military family child 18 years or younger with a valid ID card. Contestant's essay must include their

name, age, telephone number, and their installation. Winners will be asked to show identification. The essays should be post marked before Aug. 1. Scholarships will be awarded by DECA and Kraft at the pre-game ceremonies on Aug. 11. Mail entries to:

San Antonio Missions Baseball Club Post Cereal Youth Essay Contest 5757 Highway 90 W

San Antonio, Texas 78277.

For more information about the program, call the Recreation Fitness Division Marketing Department at 221-2307 or 221-2926.

Military Appreciation Nights are made possible with the cooperation of the Defense Commissary Agency and no Federal endorsement of the sponsor is intended. General Mill's and Kraft Foods products are sold in military commissaries and exchanges.

## ¿Que Pasa?



#### Community events

## Heart of Texas chorus salutes service members, May 8

The public is invited to join the Heart of Texas Chorus in a musical tribute to members of the armed forces May 8 at 3:30 and 7:30 p.m. at the McAllister Auditorium, San Antonio College campus. The program, entitled "Beyond the call: A tribute to our armed forces," will take place in a hypothetical USO club and pay tribute to four generations of service members from 1910 to the present. Tickets are \$10 for students, seniors and military and \$15 for general admission and \$25 for VIP seating. Call the Heart of Texas Chorus toll-free at (877) 22-7596 for tickets.

## The Texas Wanderers' to hold Travis Park walk, May 8

The Texas Wanderers volksmarch club of Fort Sam Houston along with the San Antonio Metropolitan Planning Organization will host their annual downtown San Antonio 10-kilometer (6.2 mile) and optional 5-kilometer walk on Saturday, May 8. The start time is between 7:30 and 9 a.m., finish by noon. For information on the Travis Park walk, call Lyn Ward at 651-6536 or e-mail at LWARD10KM@aol.com and check out the club's Web site at www.walktx.org/Wanderers.html.

## Alamo Logistics Officer Association to hold Golf Tournament May 14

The Alamo Logistics Officer Association will hold a Scholarship Golf Tournament at the FSH Golf Club on May 14. Cost is \$55 for civilians, \$50 for military. Fee includes golf cart, drinks and dinner at the clubhouse. Proceeds go toward college scholarship. For information, call Wade Cornelius at 652-3121 or 652-7152, Sam Ulmer at 671-4330, or Debbie Byrd at 928-5166.

#### O.P. Schnabel City Park Walk, May 15

The Trinity Trekkers volksmarch club will host a 10 kilometer (6.2 mile) and optional 5 kilometer walk on Saturday, May 15 at O.P. Schnabel Park at the intersection of Bandera Road and Braun Road in northwest San Antonio. For more information, call David Toth 210-521-8684 or e-mail dntoth@sbcglobal.net.

#### Historic Clarksville Walk, May 15 and 16

The Colorado River Walkers volksmarch club will host a 10 kilometer (6.2 mile) and optional 5 kilometer walk on May 15 and 16 starting at the Hartland Bank Building at 1717 W. 6th St, Austin, Texas. The walk will be in the historic old Austin neighborhoods of Clarksville and Enfield. For more information, call at Kathy Daly at 512-837-8966 or email at KassieD544&aol.com or check out the club's Web site at www.io.com/~zenteer/crw/.

## Auditions for 'Catfish Moon' at the Harlequin May 24-25

The Harlequin Dinner Theatre will hold open auditions on May 24-25 for "Catfish Moon," a comedy by Laddy Sartin. Auditions will be from 7-8:30 p.m. both nights with Bruce E. Shirky directing. There are roles for three men and one woman. Other volunteers are needed as assistant director, stage manager, light and sound technicians, props and stage crew. Those who come to auditions should enter FSH through the Walters Street gate. Performances will be Wednesday through Saturday evenings from July 7 through Aug. 7. For information, call the Harlequin Dinner Theatre at 222-9694.

#### Health Protection Conference returns to New Mexico, Aug. 9-12

The Seventh Annual Force Health Protection Conference will return to the Albuquerque, N.M., Convention Center Aug. 9-12, with pre-conference sessions set for Aug. 6-8. For information and registration, visit the U.S. Army Center for Health Promotion and Preventive Medicine Web site conference link at http://chppm-www.apgea.army.mil/fhp/.

#### Volunteer

## USAWOA seeks volunteers for Habitat for Humanity

Members of the Lone Star Chapter of the U.S. Army Warrant Officer's Association will volunteer at the Habitat for Humanity worksite in San Antonio on Saturday, May 15, 7:30 a.m. to 3:30 p.m. If you would like to volunteer, call Chief Warrant Officer 2 Matthew Watterson at 295-8773 or e-mail matthew.watterson@us.army.mil or call Randy Blackburn at 391-4696 or e-mail cw3blackburn@aol.com for details. All members (age 14 and over) of the FSH Community are invited to participate, regardless of rank, status or membership in the USAWOA.

## SHARE High School Exchange program seeks host families

The Educational Resource Development Trust/SHARE High School ExchangeProgram, a non-profit educational foundation seeks host families for exchange students. The students are between the ages of 15 and 18 and will arrive in Texas in August to attend local high schools for the 2004-2005 school year. They are screened, academically prepared, and English speaking when they arrive. Students are also covered by medical insurance and bring their own spending money for personal expenses. Families provide a bed, meals and a caring home and review applications to select the student they feel best matches their family. For information, call Yvette Coffman at the SHARE! Southwest Regional Office Toll free at 1-800-941-ERDT (3738) or visit the Web site at www.sharesouthwest.org.

#### Ten Star All-Star Basketball Camp

Applications are now being evaluated for the Ten Star All-Star Summer Basketball Camp. This camp is by invitation only. Boys and girls ages 10-19 are eligible to apply. Past participants include Michael Jordan, Tim Duncan, and Vince Carter. Players from 50 states and 11 foreign countries attend the camp. Basketball scholarships are possible for players selected to the All-American team. For a free brochure, call (704) 373-0873.

#### Education

#### ACES sponsors College Fair, May 13

The Army Continuing Education System will sponso a College Fair on Thursday, May 13 at the Roadrunner Community Center, Bldg. 2797 from 9 a.m. to 1:30 p.m. Military personnel, civilian, high school students and family members and those interested in continuing their education are invited. More than 25 colleges will be represented.

#### FMEA offers resume workshop, May 19

Family Member Employment Assistance is offering a Resume workshop on Wednesday, May 19, 9 a.m. to noon. Reservations are required and seating is limited to family members of active duty service members, retired service members and current DoD civilians. For information, call Pat Fory at 221-2705.

#### DMRTI to host course June 21-25

The Defense Medical Readiness Training Institute will host the Homeland Security Medical Executive Course at the Hilton Austin Airport in Austin, Texas. Course information is available at www.dmrti.army.mil.

## Tuition assistance available for active duty Soldiers

Tuition assistance for active duty Soldiers is \$4,500 per fiscal year with a cap of \$250 per semester hour to include fees. The current policy of \$4,500 per year is still in effect

for the U.S. Army in fiscal year 2004. Soldiers will need a degree plan from the university or college they are attending no later than completion of nine semester hours. This is a regulatory requirement that must be complied with prior to continuing in any college program. Visit the Army Continuing Education System, Bldg. 2248, to review educational goals with a professional guidance counselor. For information, call 221-1738.

## SkillSoft has new On-line Technical Support Portal

SkillSoft has a new On-Line Technical Support Portal. Users can now go to http://onlinesupport.skillsoft.com and click on "create a case." Once the information request is complete, an e-mail will be sent with a password and case number. When this is established, the user can go in and track their case. This is in addition to the regular support desk at support@skillsoft.com.

#### Direct commissioning program available

The U.S. Army Health Care Recruiting Team is looking for qualified applicants for their direct commissioning program. Anyone working toward a bachelors' degree in any science, nursing, physics, nutrition or engineering may qualify to become an Army officer. The program is open to active duty, reserve, National Guard and civilians. For information, call Capt. Beverly S. Scott at 692-7376, (877) 570-8053 or e-mail Beverly.Casiano@usarec.army.mil.

#### ACES announces new hours

Army Continuing Education System, Bldg. 2248, 2408 N. New Braunfels, announces new hours of operations: Monday through Thursday 6:30 a.m. to noon and 1-4:15 p.m., Friday 7 a.m. to noon and 1-3:45 p.m. The center is closed from noon to 1 p.m. Have your registration information and cost when requesting tuition assistance. Also have a Degree Plan from the school you plan to attend. Guidance Counselors are: Jane Moon, 221-1373, Richard Rodriguez, 221-1429, Hazel Rockeymoore, 221-1634. Reception Desk, 221-1738. Army Learning Center, Clarence Prevo, 221-1117.

### Meetings

#### USAWOA - Lone Star Chapter meetings

The Lone Star Chapter of the U.S. Army Warrant Officer Association meets at 7 p.m. on the third Tuesday of each month at VFW Post #8541, 2222 Austin Highway (between Eisenhauer and Walzem Road). All active duty, retired, Reserve, National Guard and family members of current or former Warrant Officers are invited to attend. For information, call WO2 Matthew Watterson at 295-8773 or e-mail matthew.watterson@us.army.mil.

#### Purple Heart veterans sought

Purple Heart Veterans are invited to join the meeting of Military Order of the Purple Heart on the first Saturday of every month, 9 a.m. at the Roadrunner Community Center to learn more about combat related entitlements and claims benefits. Registration begins at 9 a.m. Bring your DD For 214 and a short biography.

## FSH Sergeants Major Association seeks new members

The Fort Sam Houston Sergeants Major Association meets every third Thursday of the month, 6 p.m. in the FSH NCO Club. Sgt. Maj. Hector Viczaino, president of the association, extends a cordial invitation to all Active Duty and retired command sergeants major, sergeants major and master sergeants on the promotion list from all service branches to attend the meetings. For information, call Command Sgt. Maj. Sampson Rush at 221-4129.

#### Calling all single Soldiers to join BOSS

The Better Opportunities for Single Soldiers meetings are held on the first and third Wednesday of every month, 1:30 p.m. at the Hacienda Recreation Center. The BOSS committee was established to provide Soldier input to the commander, who uses the committee's recommendations to improve single Soldiers' Morale, Welfare and Recreation programs. For information, call BOSS President Staff Sgt. Edward Castro at 221-8760.

### Fort Freebies

Freebies are published on a first come, first serve basis. Commercial advertisements are prohibited. The deadline is noon Monday. Freebies are intended for personal household goods and privately owned property, and may only be submitted by active, retired or reserve component military members and civilian employees working on Fort Sam Houston. To submit paid classified ads or commercial advertising, call Prime Time at 453-3300. To submit a Fort Freebie, e-mail to: news.leader@samhouston.army.mil or fax to 221-1198. Ensure your military/Fort Sam Houston civil service status, phone number and name appears on request. Limit of five items per entry.

**For Sale:** Tobias by Gibson 5-string bass, new hardware, great condition, \$350. Call 654-7480.

**For Sale:** 1999 Buick Century, 30K miles, beige with beige leather interior and power front seats, dual A/C, CD/Cassette stereo system, aluminum wheel, tinted windows in excellent condition, \$9,999. Call 491-0534.

**For Sale:** 2002 Yamaha motorcycle, Vstar 1100 Classic, two-tone brown, w/windshield, hard saddle bags, back rest, 647 miles, \$7,600. Call (210) 662-4059

**For Sale:** Loft beds, with bed on top and desk underneath, perfect for quarters, \$225. Call 223-9501.

**For Sale:** 1994 Plymouth Voyager Van for \$500 obo. Call (210) 378-4007.

**For Sale:** Three-year-old two story house, 1889 sq. ft., living room, dining room, garage, covered patio, ceiling fans

and much more. Call 651-4707.

**For Sale:** Used 40 Gallon gas water heater, \$30. Call 221-0796.

For Sale: Sofa and love seat in great condition, \$150 for both. Call 824-1584.

For Sale: Weed Eater tiller in very good condition, \$250; grey sectional couch, \$150; 45 gallon fish tank, \$50; 15 gallon tank, \$20; 2 lawnmower, \$100 each; Go-cart, \$150; Aluminum Jon boat with trailer, \$1,000 obo. Call 829-8795.

**Yard Sale:** Multi-family in Harris Heights area, 104 Lang Road FSH off of Birkhead Rd. Saturday, May 8 beginning at 8 a.m.

**Moving Sale:** May 6-8, furniture, household items, tools, lawn equipment, 6314 Meadow Grove.

**For Sale:** Kitchen table with chairs, appliances, children's clothes, and toys. Call 223-2043.

### Giving Help, Giving Hope®

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Brain Tumor Foundation of America

Provided as a public service.

## Career Clips

The Army Career and Alumni Program office provides numerous services to eligible people in transition including job assistance. Information on these and other positions is available to ACAP customers in the ACAP Office, Bldg. 2264 or call 221-1213.

**Registered Nurse** - Seguin. Conducts general nursing duties with minimal supervision. Has the ability to work with adolescents, adults, and geriatric persons. Maintains current registration as RN with Texas Board of Nurse Examiners.

Case Management Nurse Consultant - San Antonio. Conducts comprehensive clinical assessments of members. Applies case management concepts to complex issues and problem solving techniques. Managed care case management or utilization management experience.

**Health Care Finder RN** - San Antonio. Will screen referral request for medical necessity. Document detail orientation is mandatory and refer appropriate cases to case management. Must have a valid RN Texas License. Utilization review experience including CPT and ICD9 coding as well as TRICARE experience.

## Resumix workshop for U.S. Army Garrison employees

Accessing Resumix workshop will be held May 11, 8-9:15 a.m. and May 18, 8-9:15 a.m. Attendance is by reservation only and limited to eight per class. For information or registration, call 221-2276.

## 'Market Yourself for a Second Career' Seminar, May 19

The ACAP Center is sponsoring the "Marketing Yourself for a Second Career" seminar presented by retired Col. Dick Crampton, Military Officers Association of America, on May 19, 9-11:30 a.m. at Evans Auditorium.

The presentation is appropriate for anyone preparing to leave active duty or federal service in the next five years. It is not just for officers. Family members are welcome and encouraged to attend. Each attendee will receive a copy of the booklet entitled "Marketing Yourself for a Second Career." The presentation and booklet are provided free of charge.

Reservations are not required. For information, call the ACAP Center at 221-1213.